

Wakefield Public Schools

Youth Risk Behavior Survey Results *with Middlesex League comparisons*

High School and Middle School Highlights



John Snow, Inc.



Lahey HealthSM

YRBS Overview

- Survey administered in April 2017 to WMHS student body (9-12) and Galvin student body (7th & 8th only)
- YRBS Survey, developed by the Centers for Disease Control. In 2017 administered as a regional collaborative with the Middlesex League schools.
- John Snow Inc. designed the tool and evaluated the data.
- Project funded by Lahey Health.

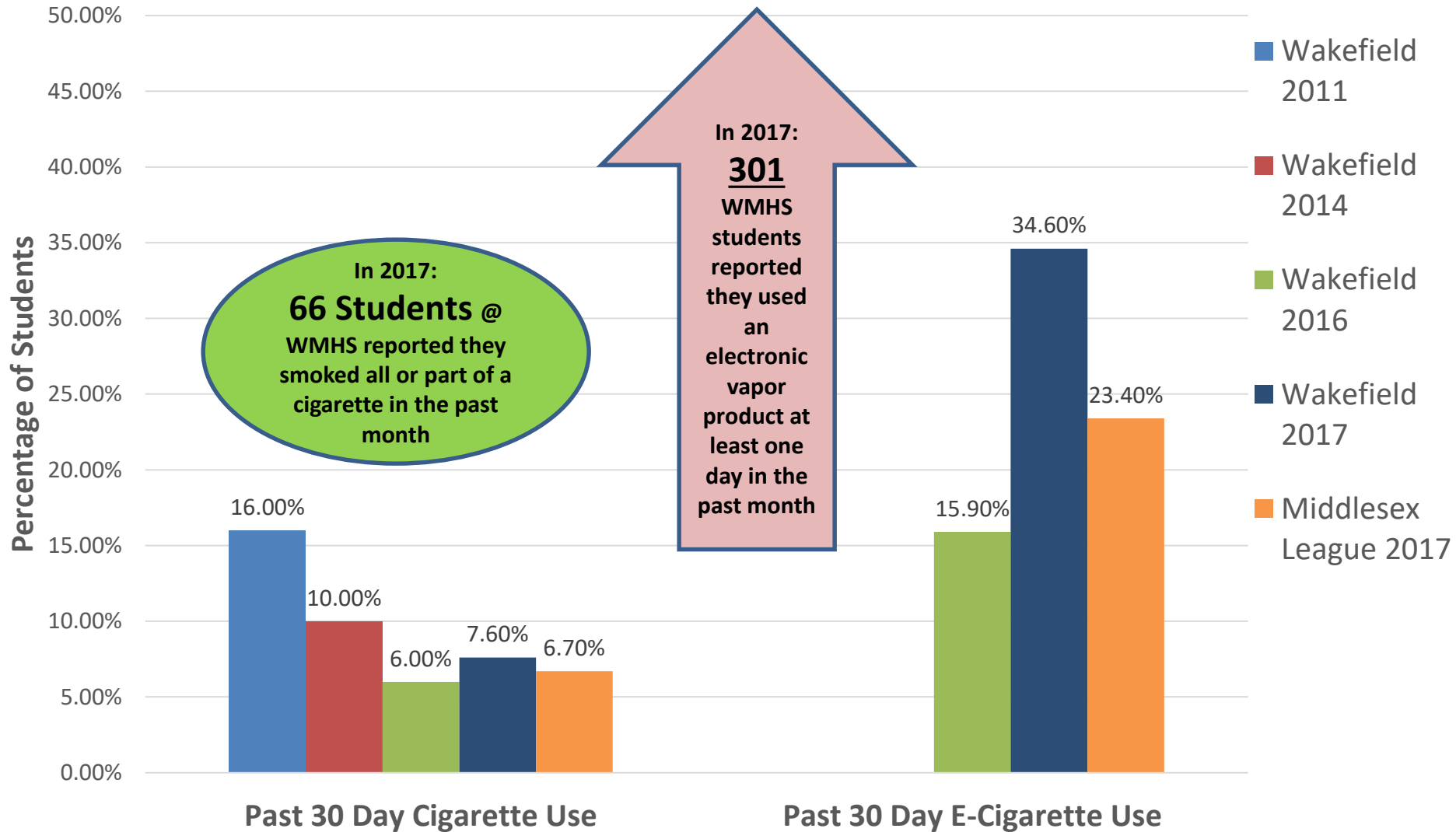
Concerning Data Trends

- Vaping/E-Cigarette Use is rising at alarming rates (both at WMHS & Galvin).
- Marijuana use has increased significantly over the past year (Marijuana use while driving also increased)
- Number of youth reporting they have a trusted adult at WMHS has decreased
- Galvin bullying increased, higher than Middlesex League

Wakefield Memorial High School Substance Use Data



WMHS Tobacco Use

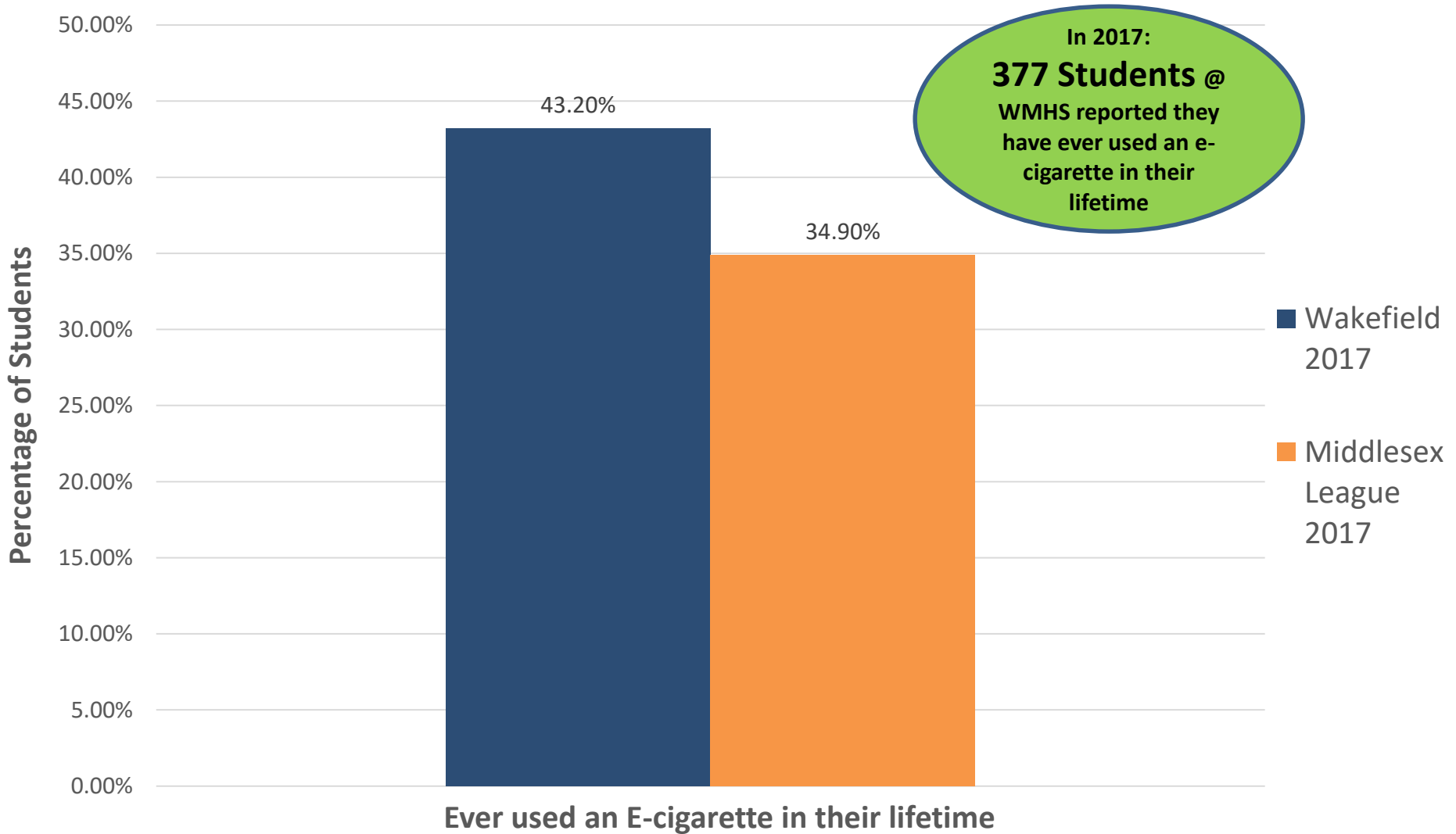


Vaping Devices

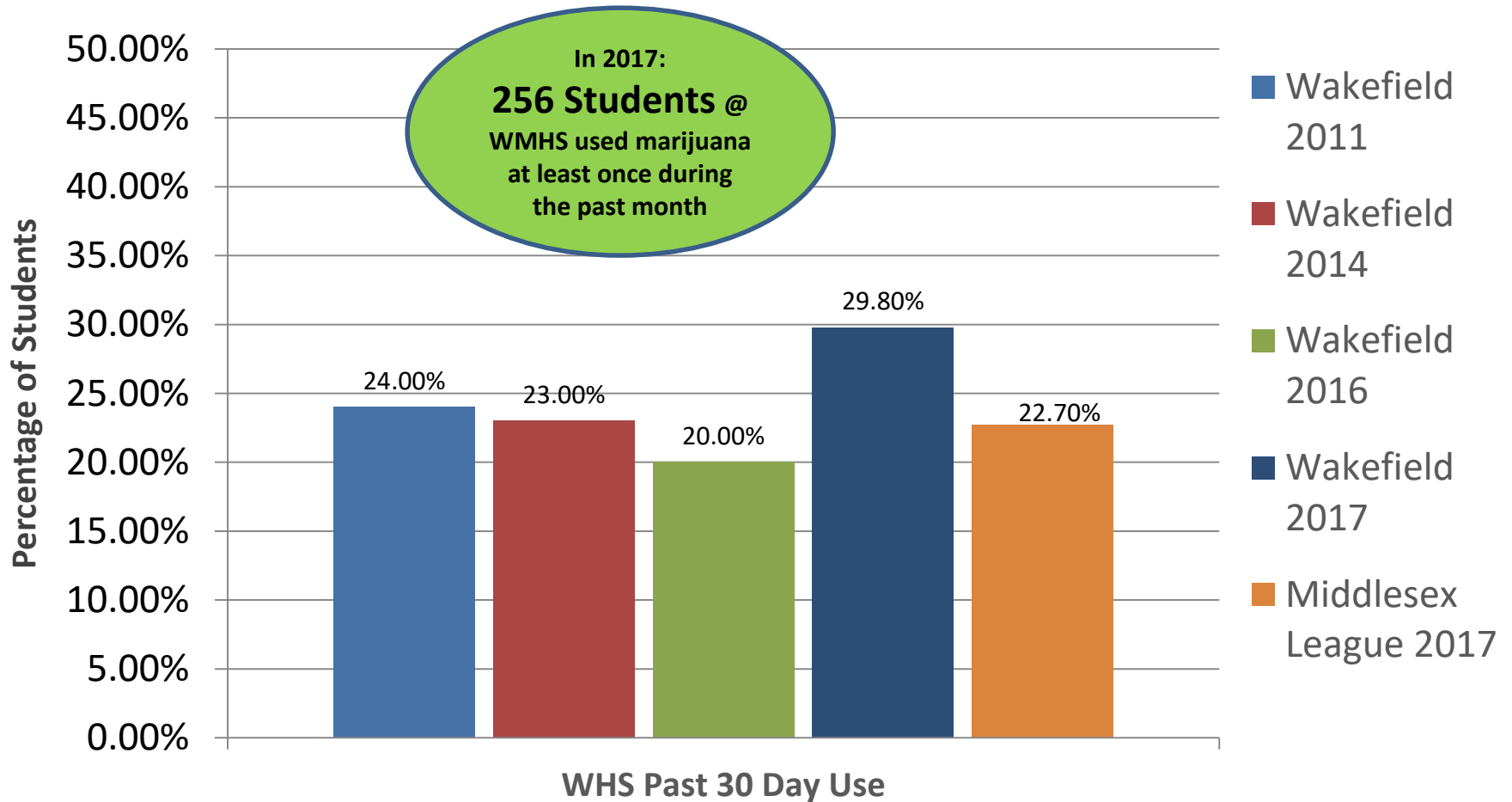
(Confiscated at WMHS & Galvin)



WMHS Vaping Use



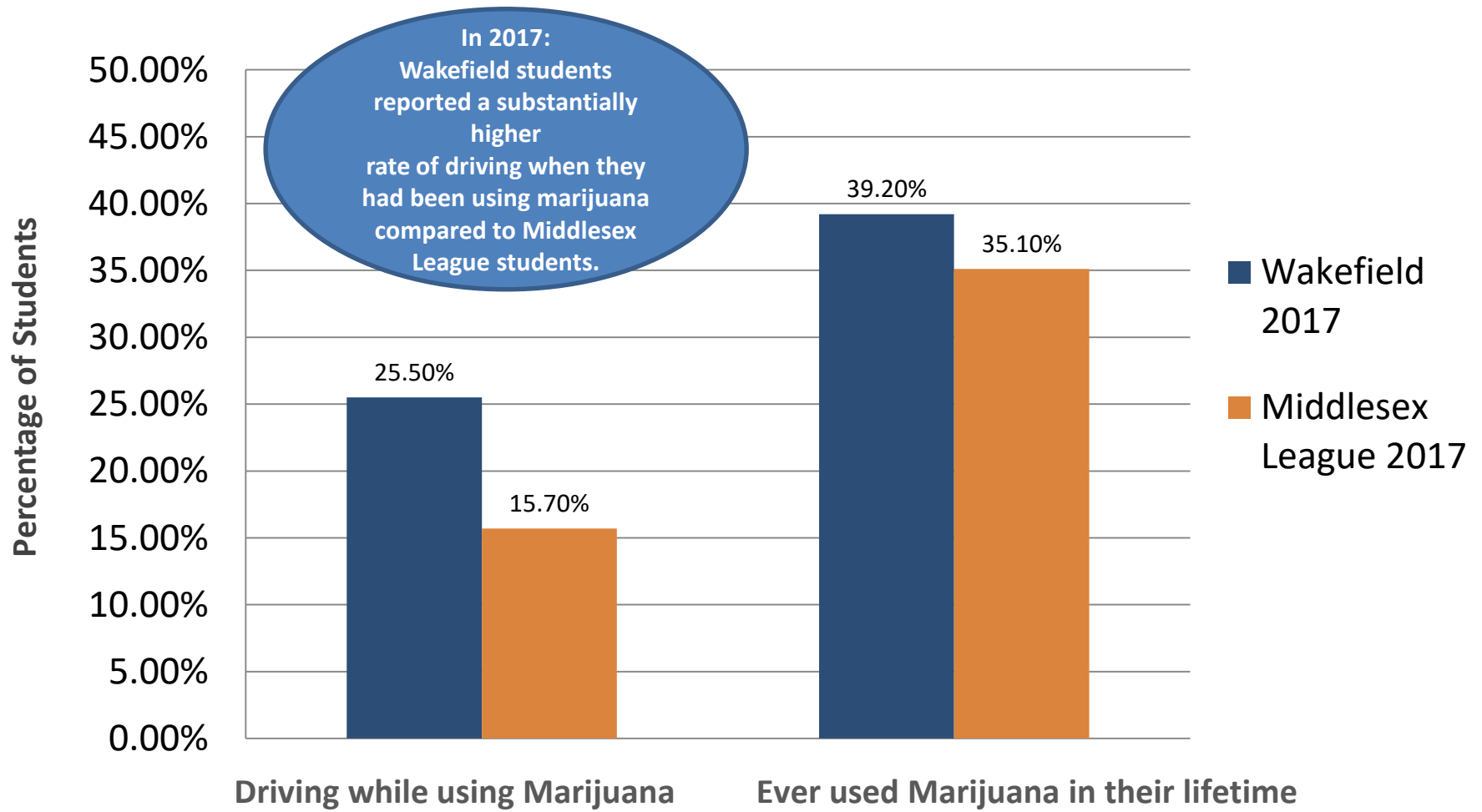
WMHS Marijuana Use



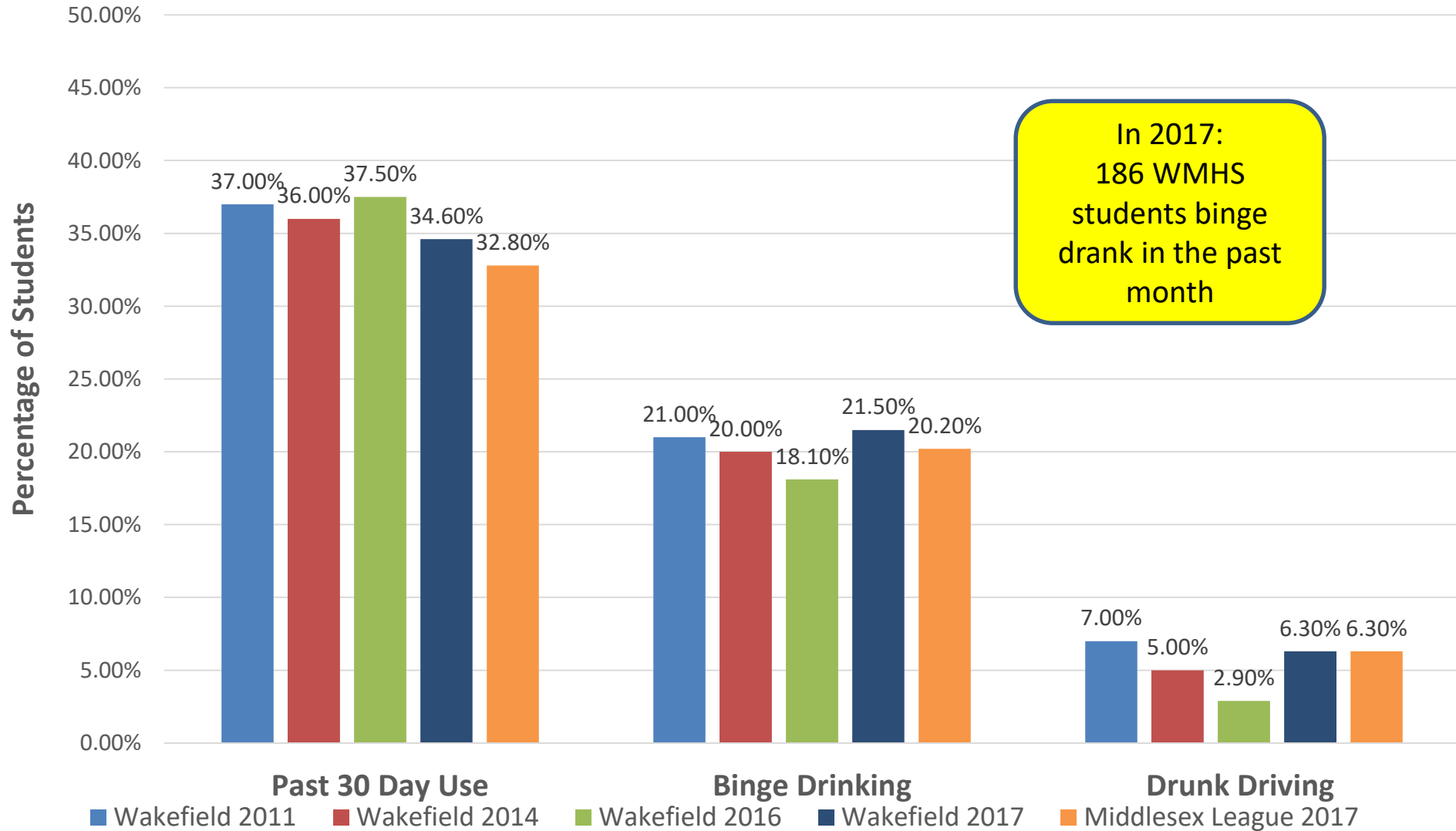
Examples of MJ/THC popular amongst students



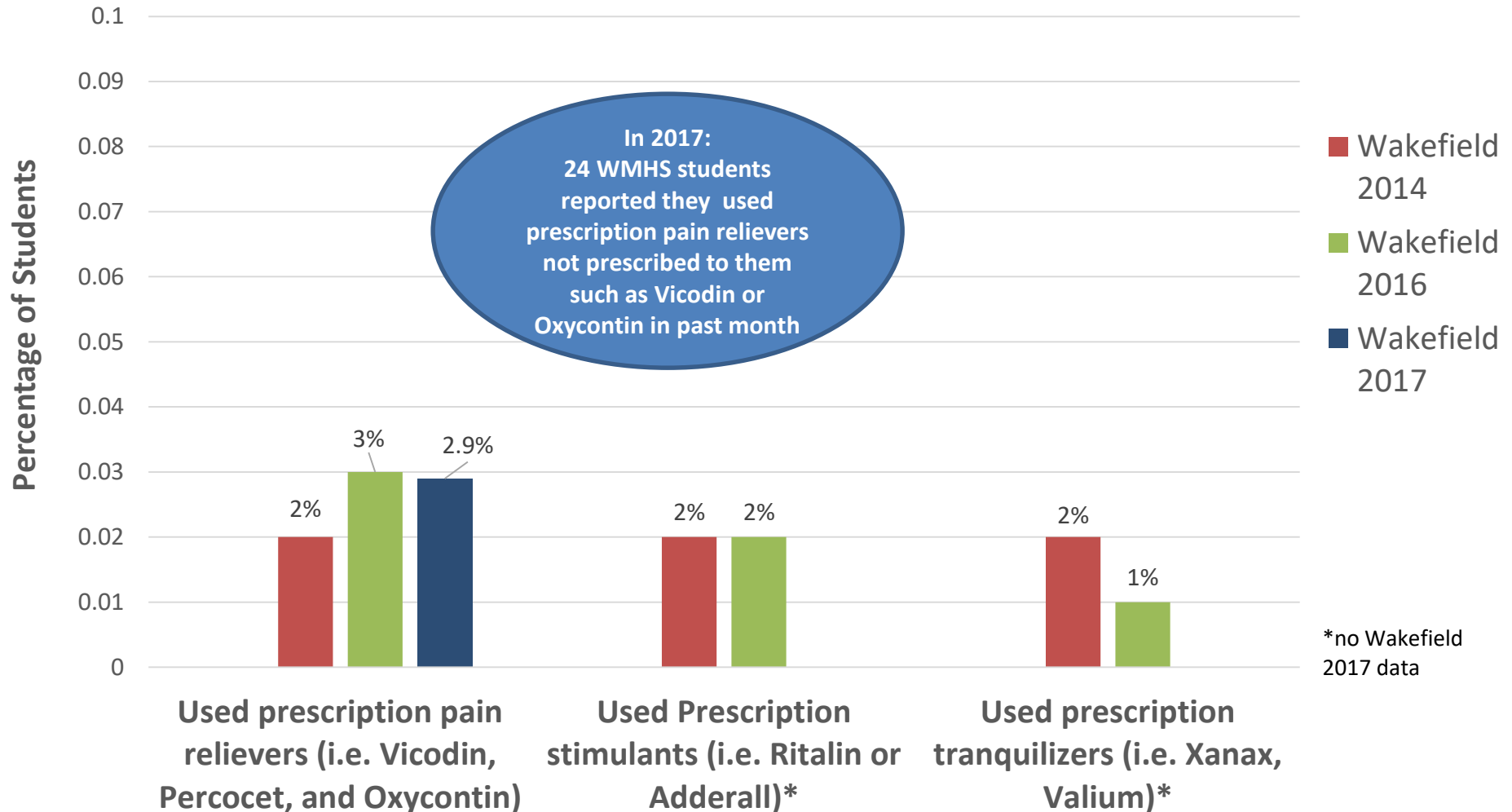
WMHS Marijuana Use



WMHS Alcohol Use

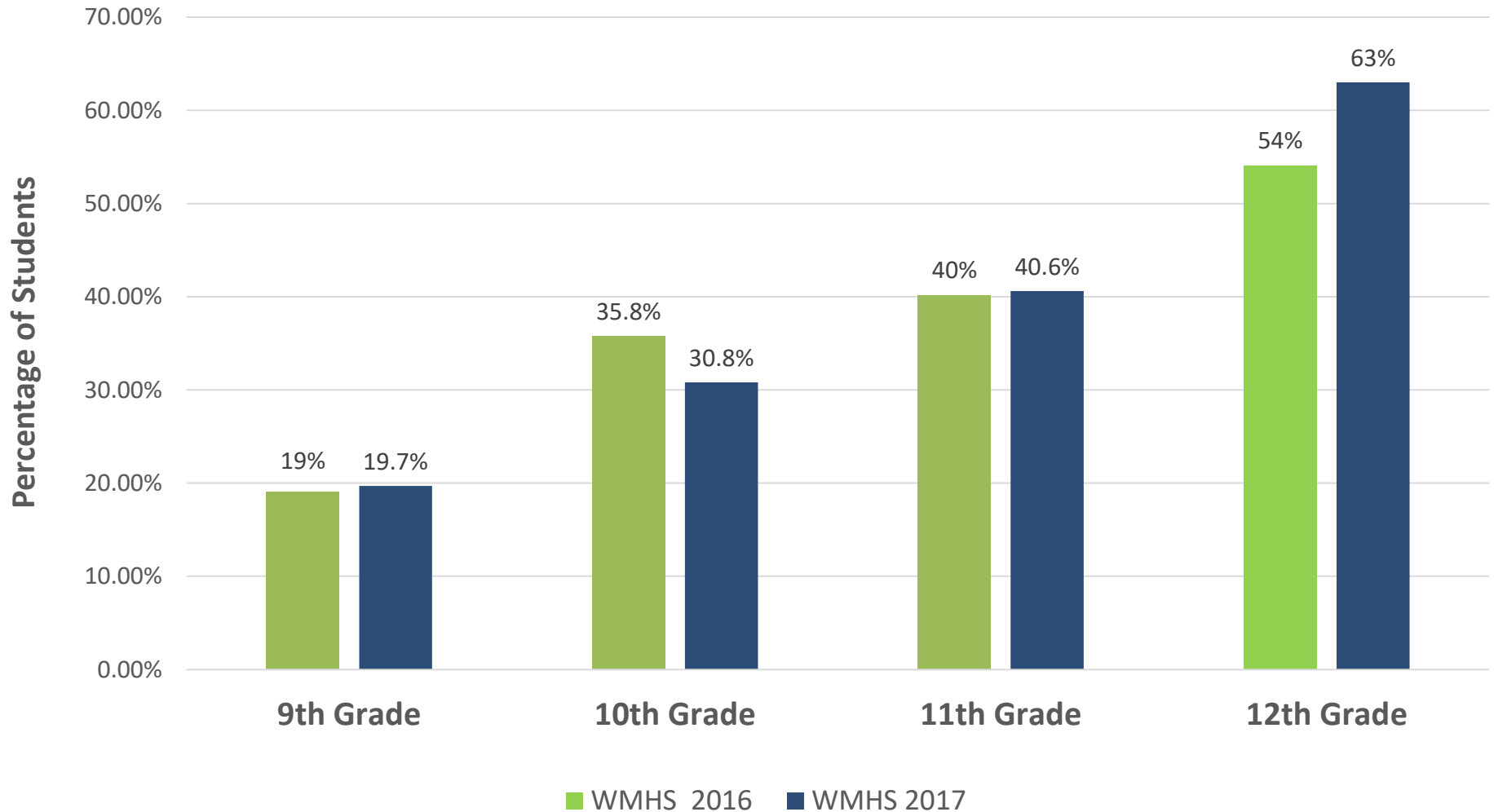


WMHS Prescription Drug Use Past 30 Days



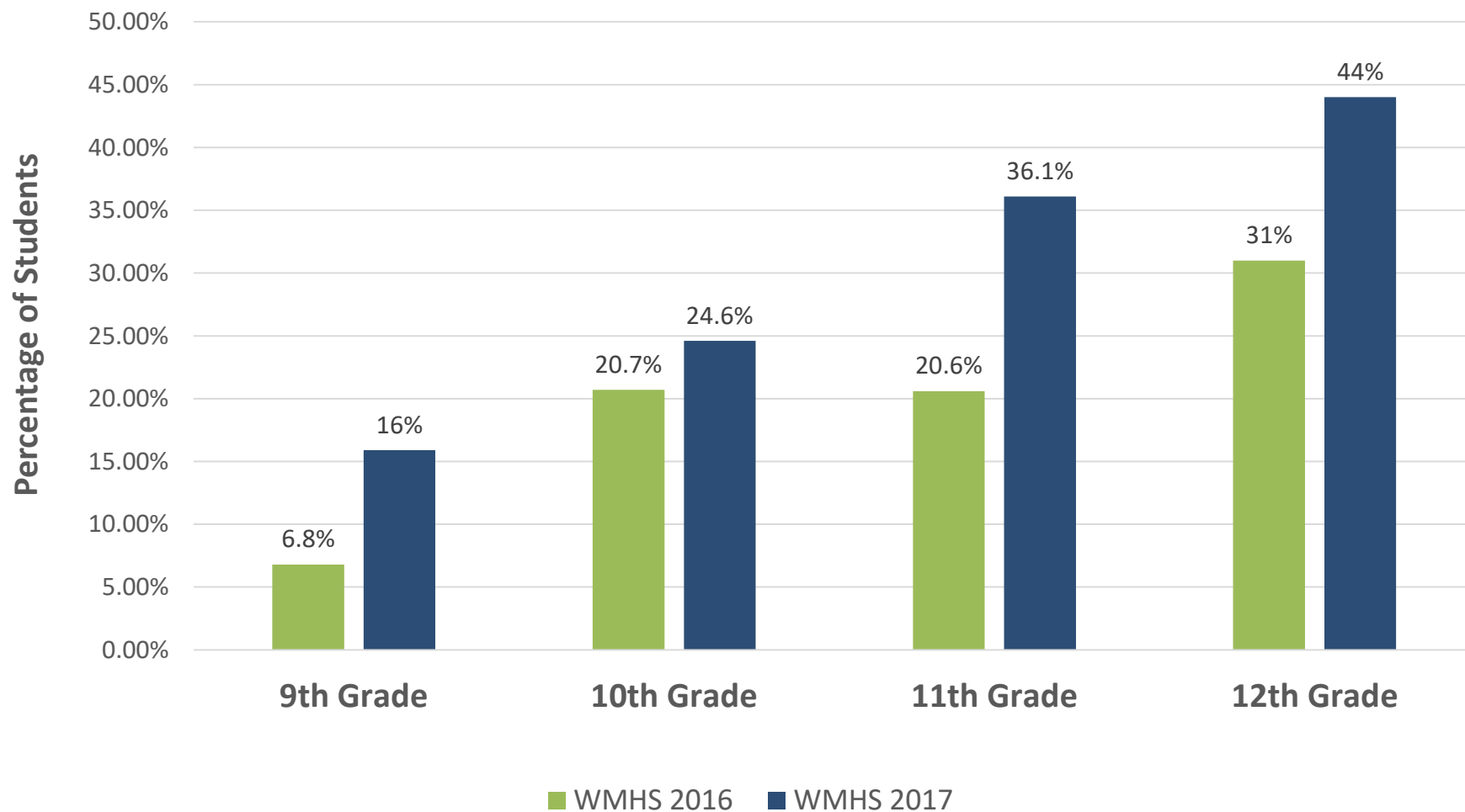
Alcohol Use by Grade- Past 30 Day

WMHS 2016 vs. 2017



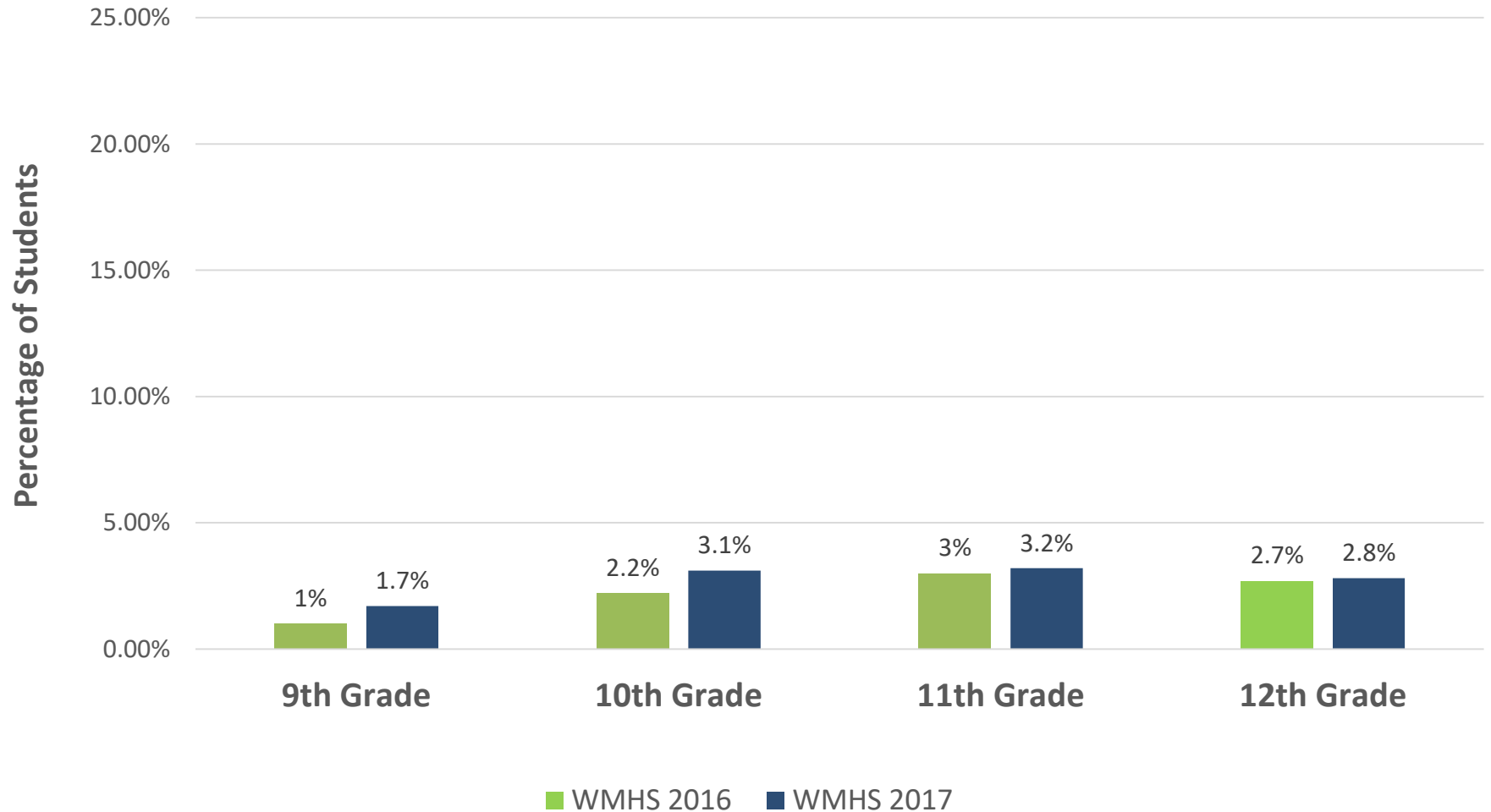
Marijuana Use by Grade- Past 30 Day

WMHS 2016 vs. 2017

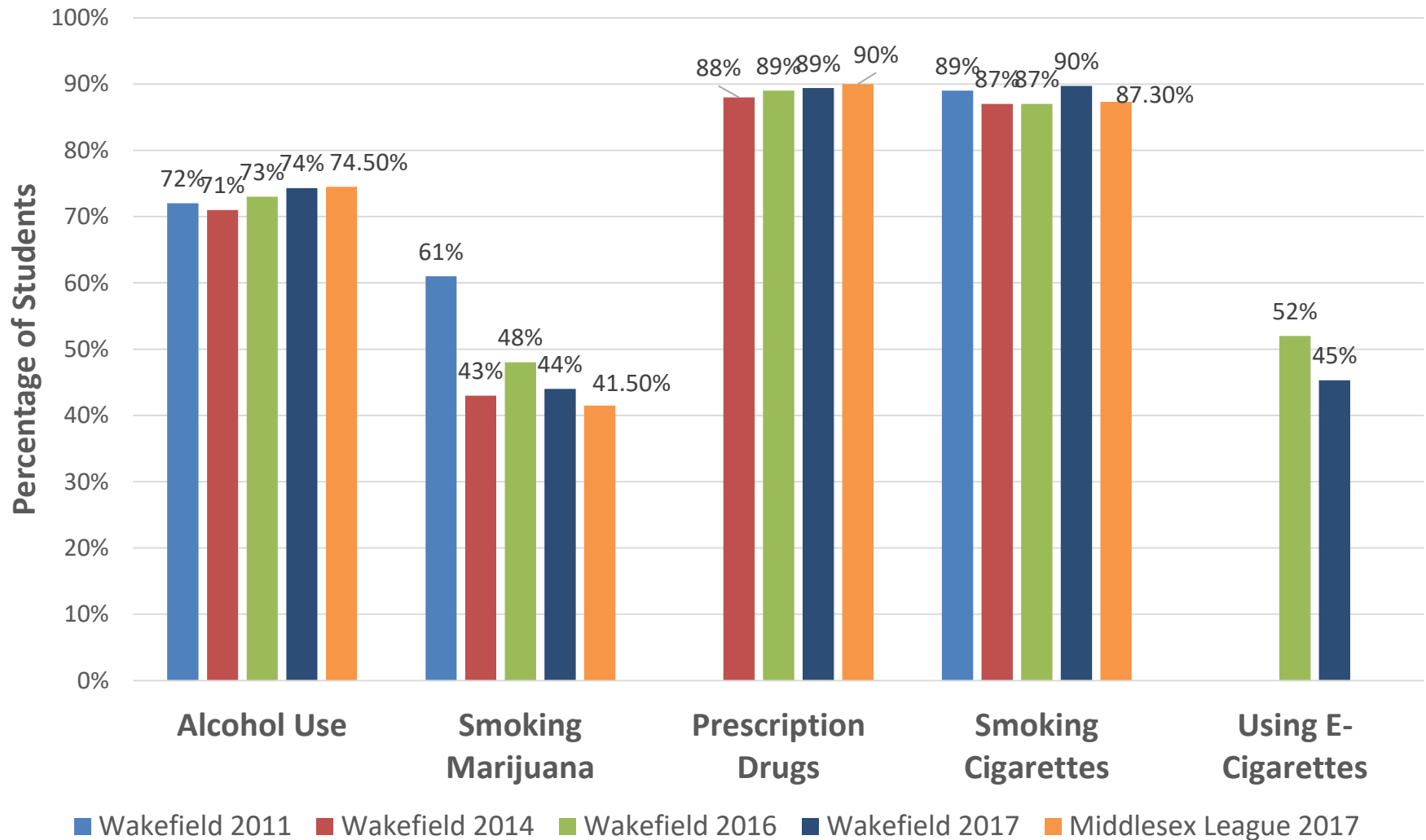


Past 30 Day Rx Pain Reliever Abuse by Grade

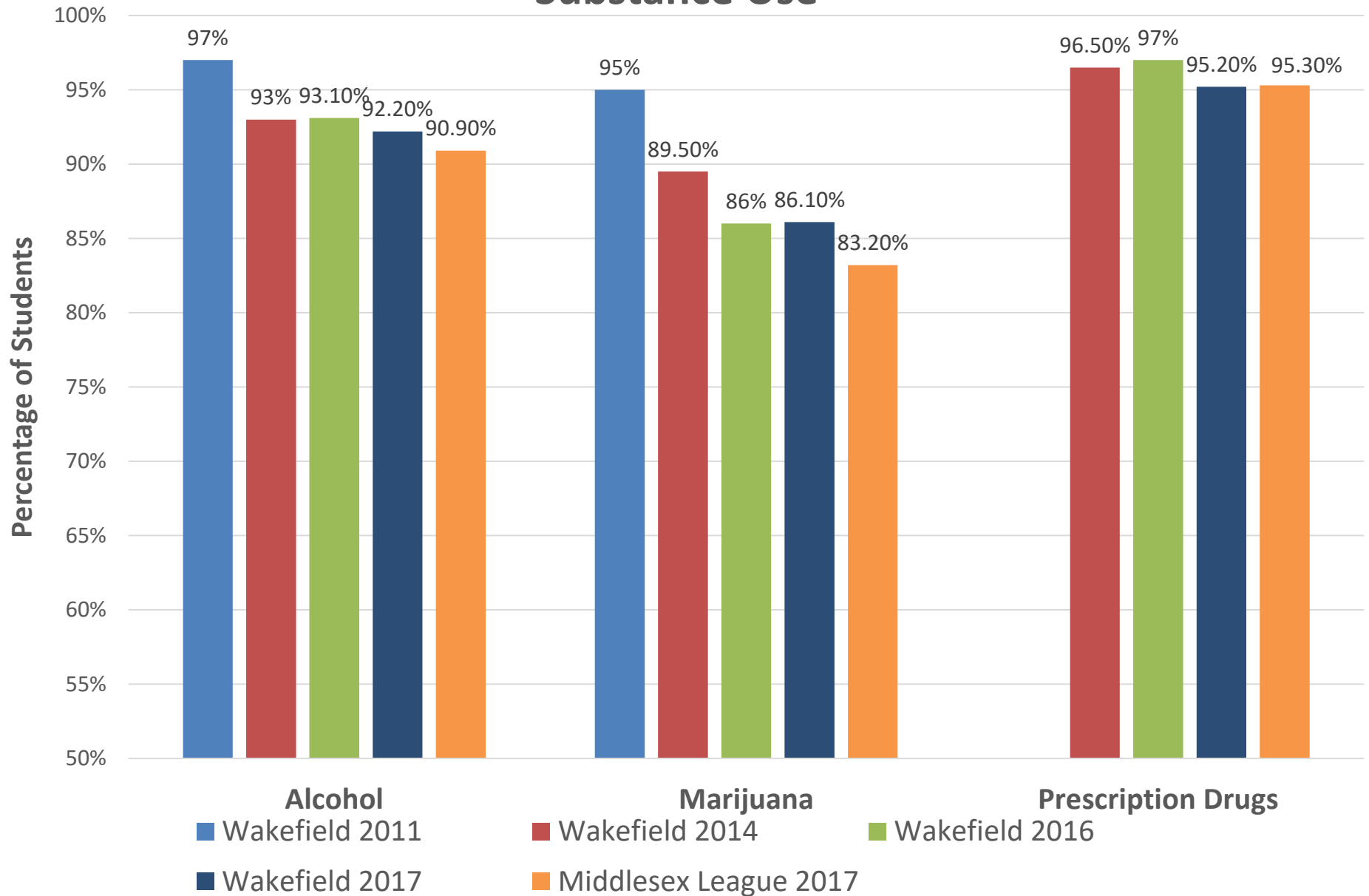
WMHS 2016 vs. 2017



WMHS Perception of Risk of Harm



% WMHS Perceptions of Parental Disapproval of Substance Use

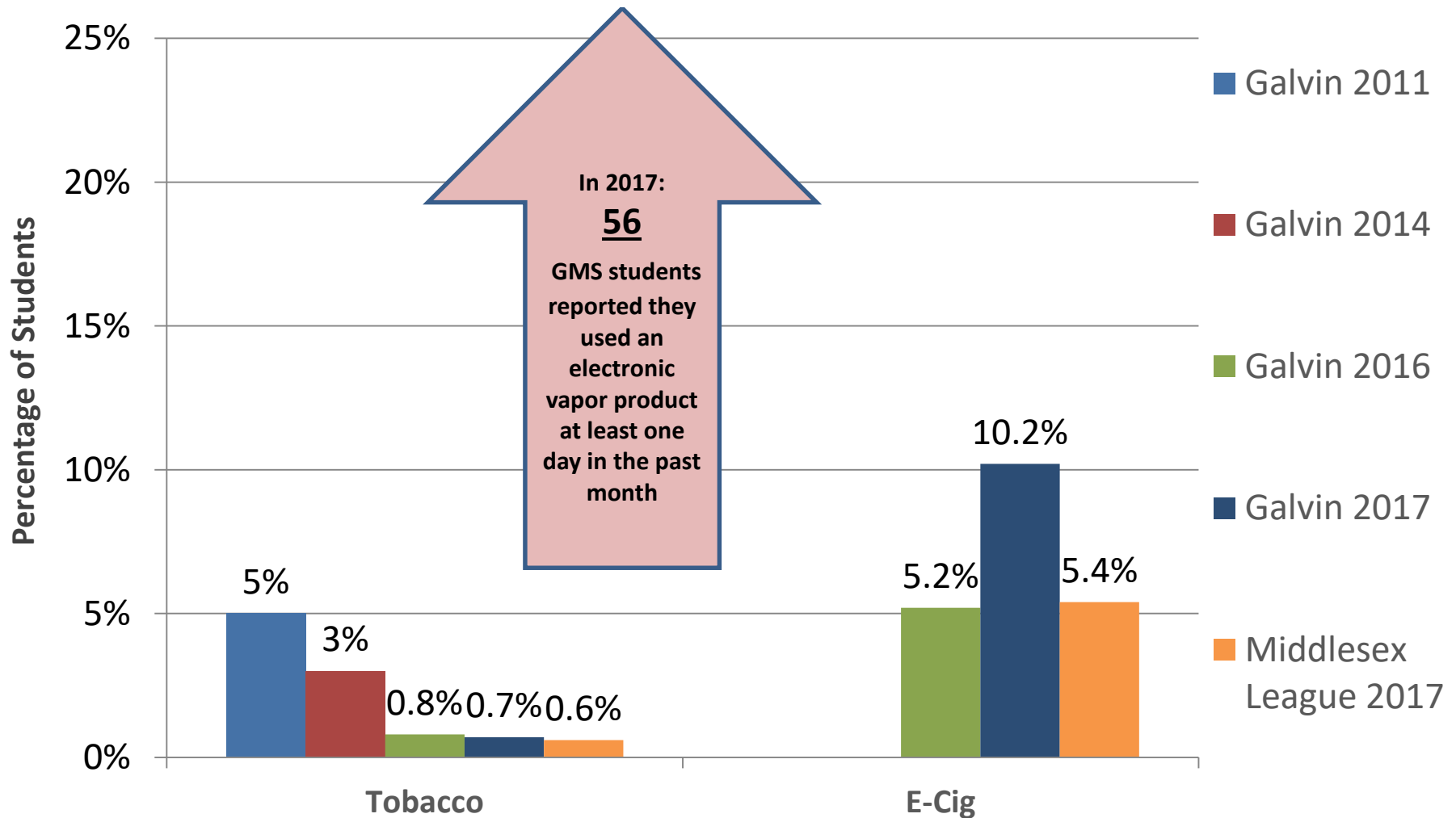


Galvin Middle School (7th & 8th Grade) Substance Use Data

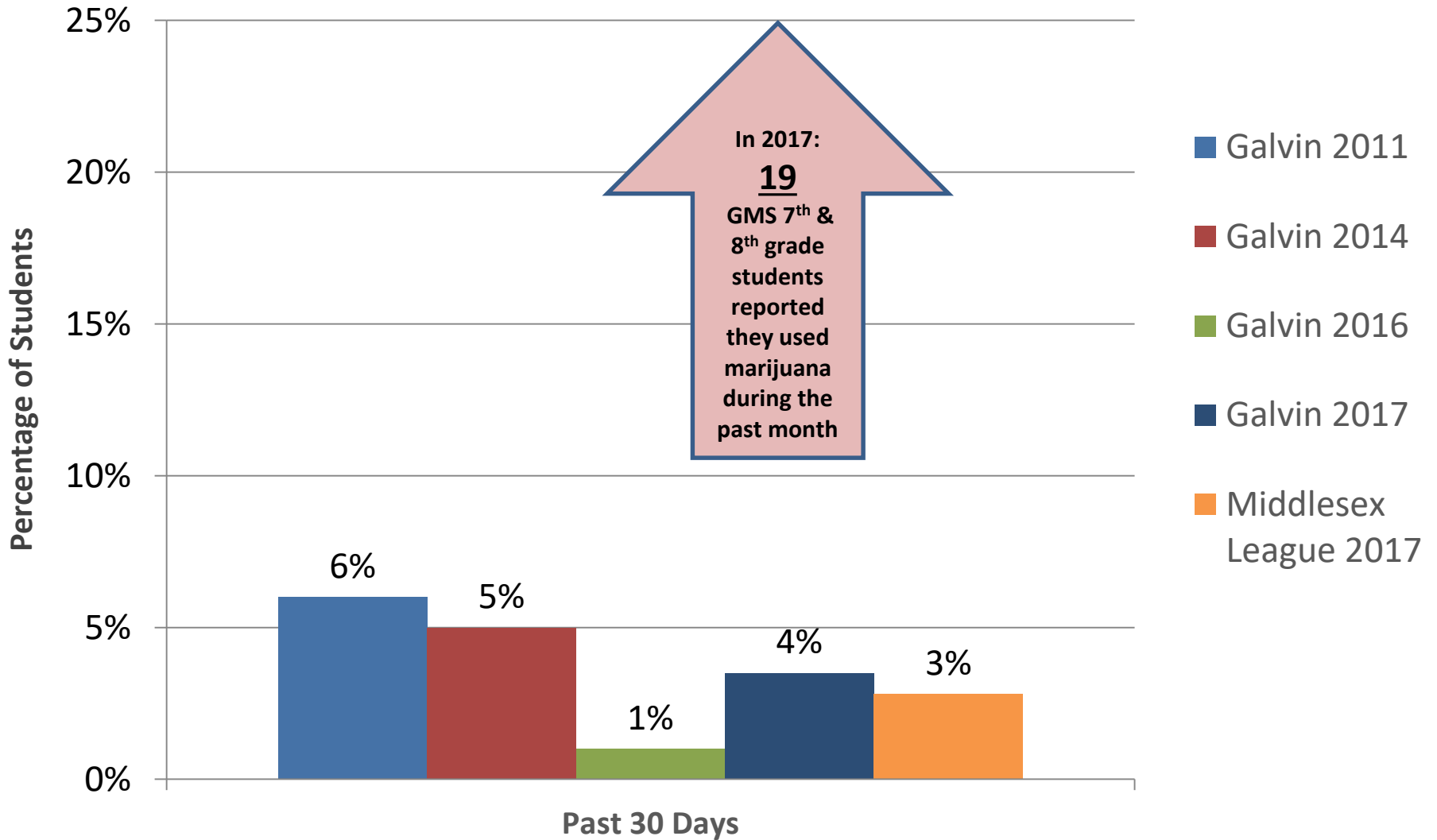


Galvin 7th & 8th

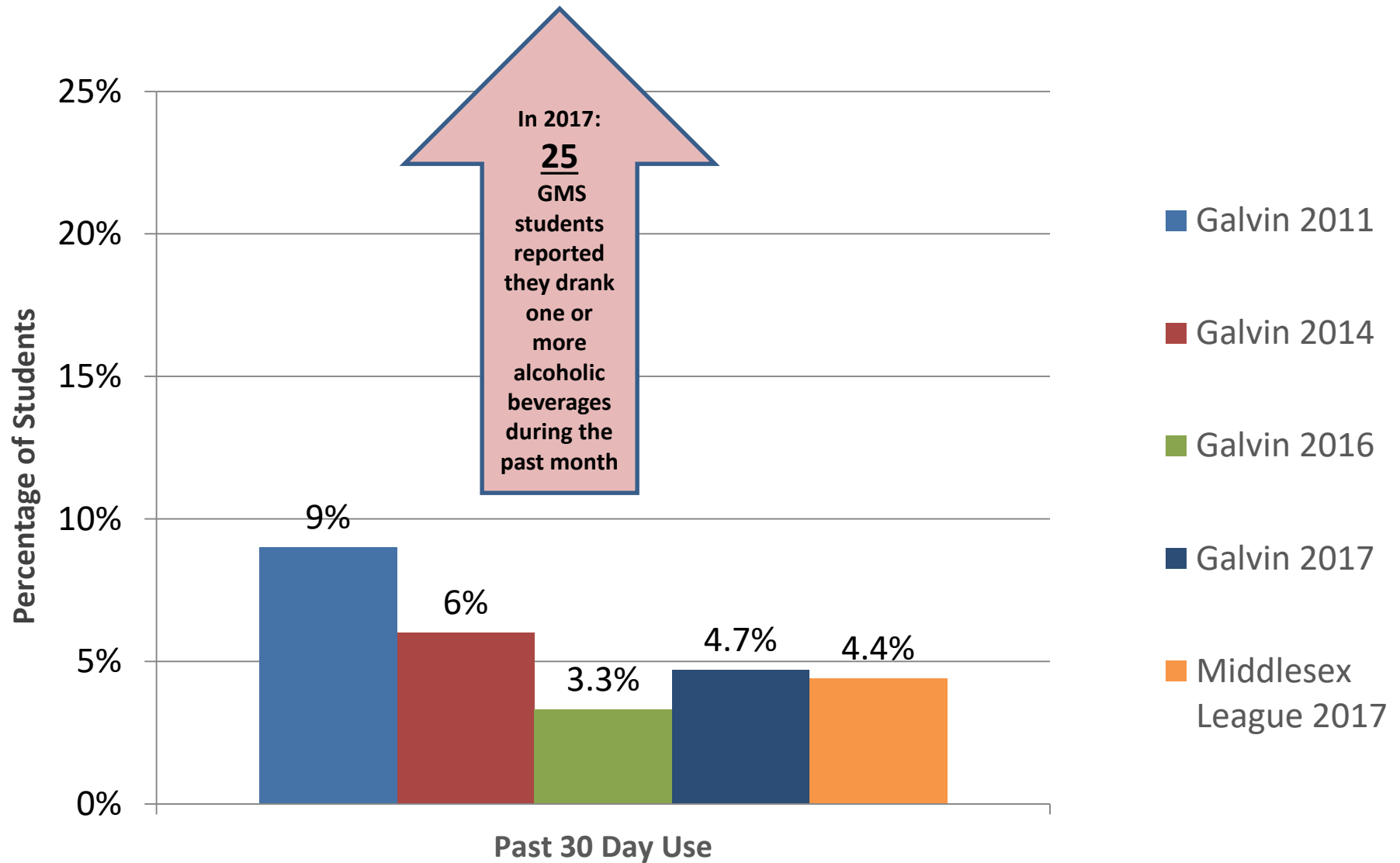
Tobacco and E-Cig (Past 30 days)



Galvin 7th & 8th Marijuana Use

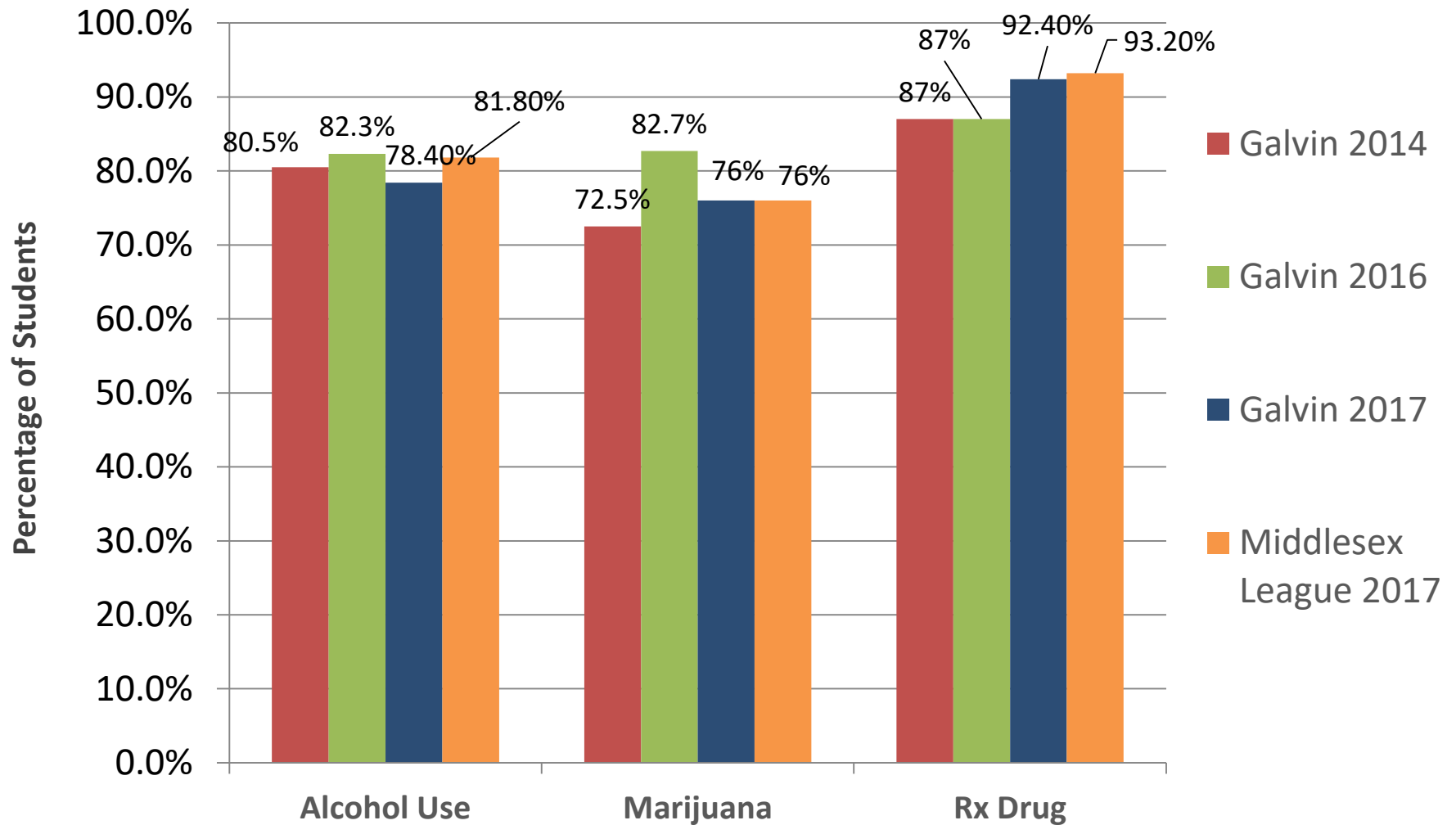


Galvin 7th & 8th Alcohol Use



Galvin 7th & 8th

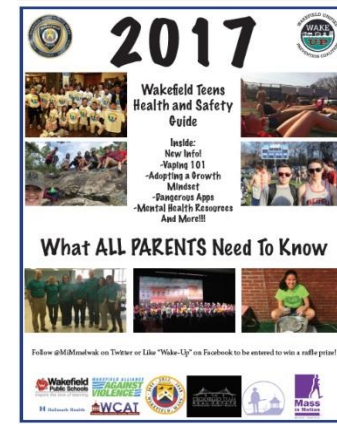
Perception of Risk of Harm



Strategies implemented (past year):

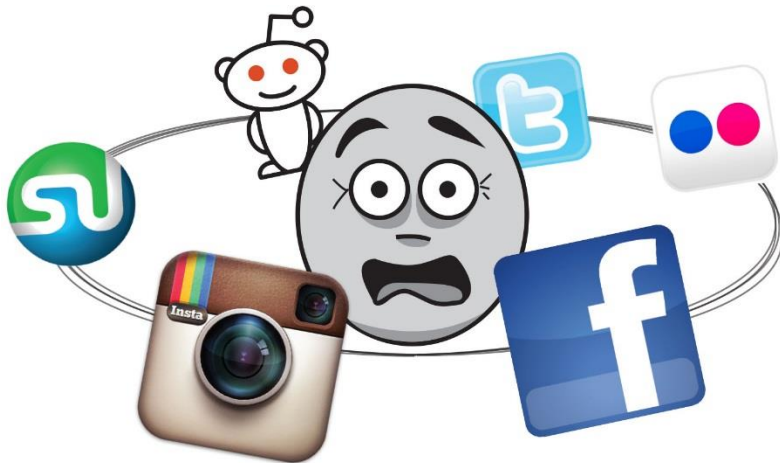
Substance Use Prevention

- Wake-Up Coalition with active school faculty and students
- Health Class Curriculum providing students with increase knowledge of risk of harm and refusal skills (7th grade, 8th grade, 9th grade) Evidenced Based Michigan Model Piloting this year in 6th Grade
- Peer-to-peer e-cig/vaping presentations in all 9th grade health classes by Wake-Up Youth Action Team
- Bathroom Buzz (WMHS) & News Flush (Galvin) to change norms of “everyone is doing it”
- Galvin Youth Action Team & High School YAT initiatives (i.e. 8 out of 10 Majority Rules Campaign)
- Parent Sports Orientation Nights
- Coaches Trainings & Newsletters
- Annual Health & Safety Guide
- Annual Parent University

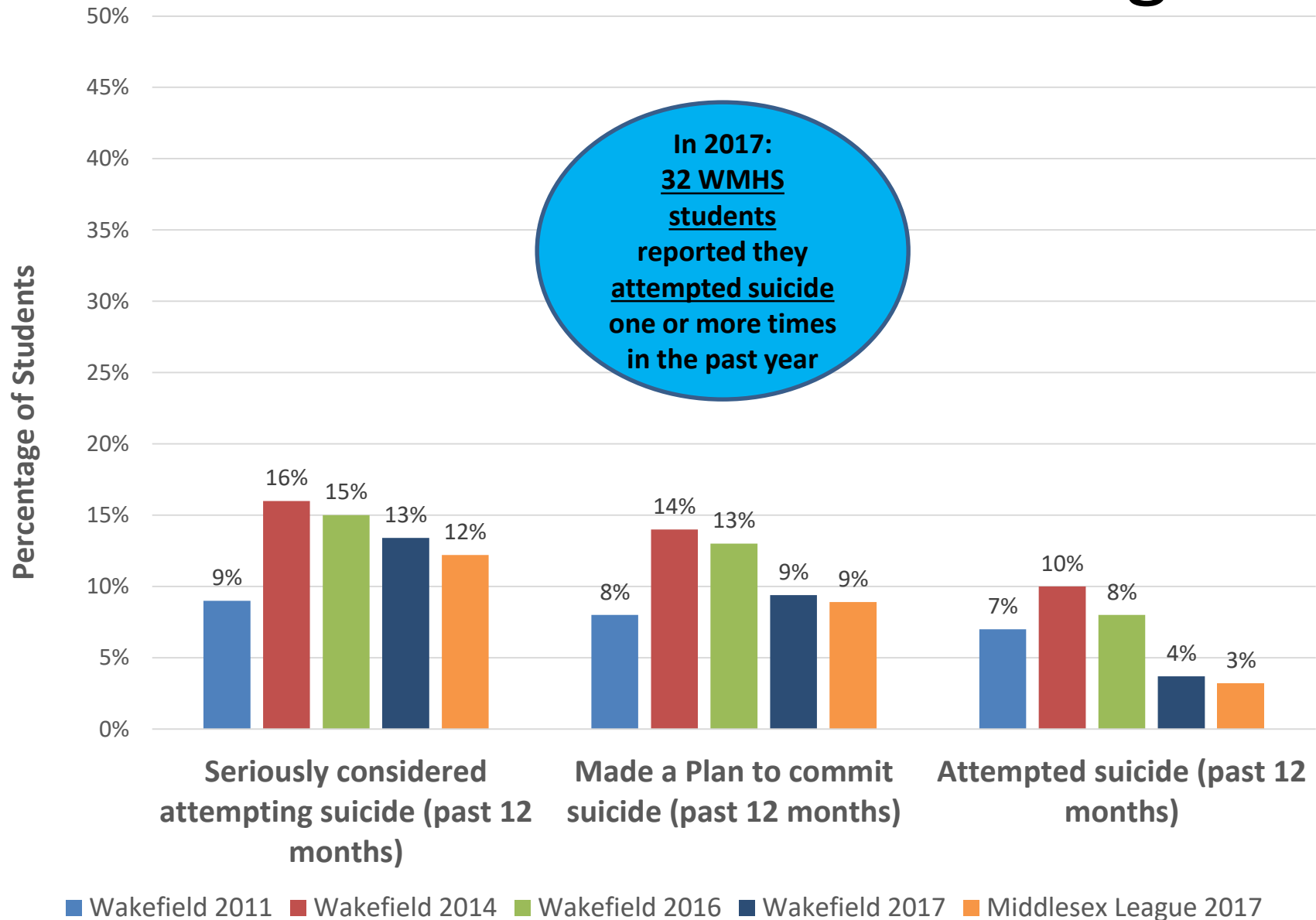


Goals for the next two years...

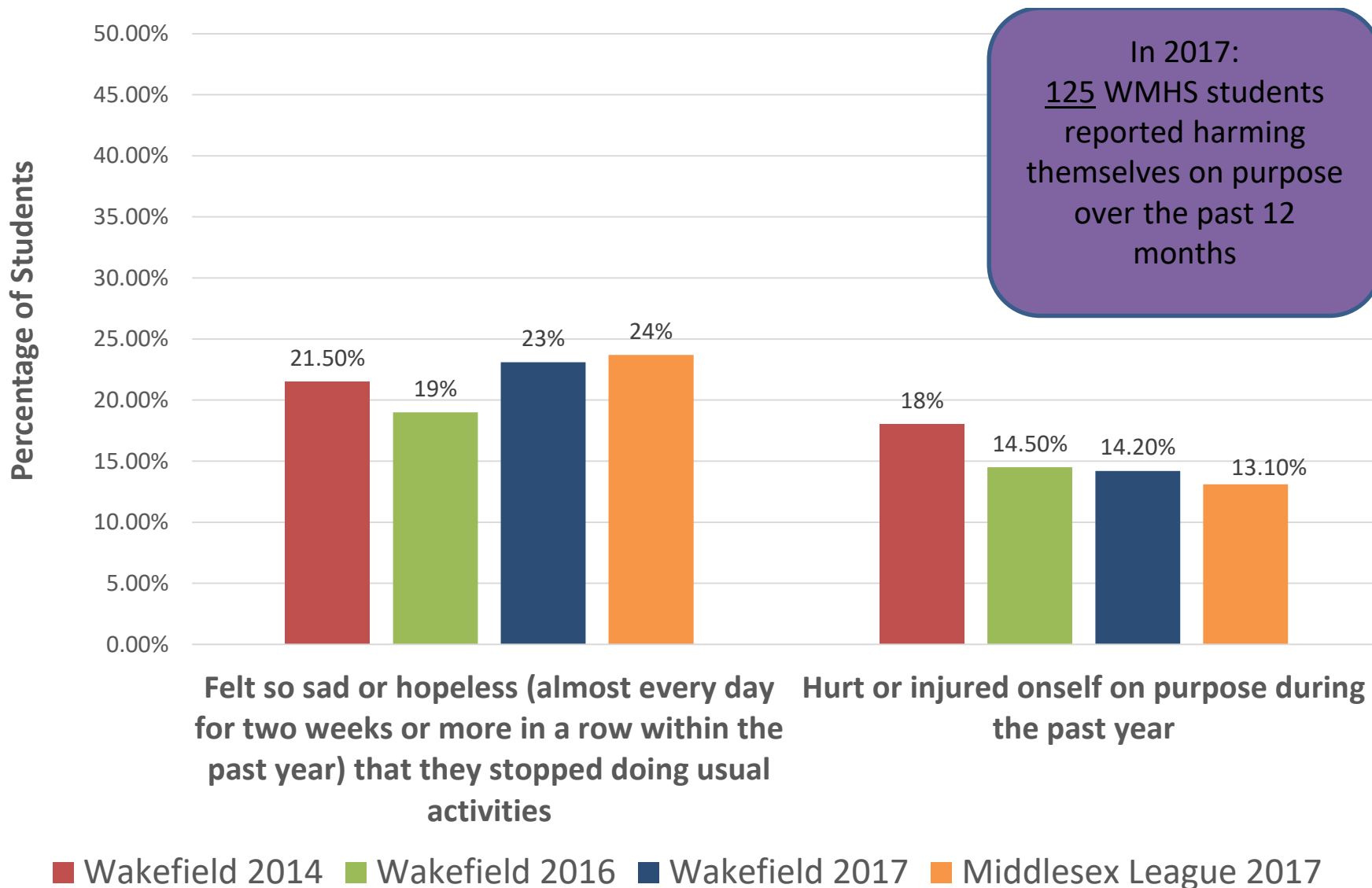
- Continue initiatives from '14-'17
- Implement universal screening tool "SBIRT" with all 7th & 9th graders
- Increase educational opportunities for 10th-12th grade students
- Implement school-based Substance Use Diversion Program
- Increase number of students referred to SAFE Project
- Target community/parent norms around alcohol
- Develop Quarterly Teacher Newsletter
- Healthy & Safe Senior Week Committee Established to address "Prom House" tradition



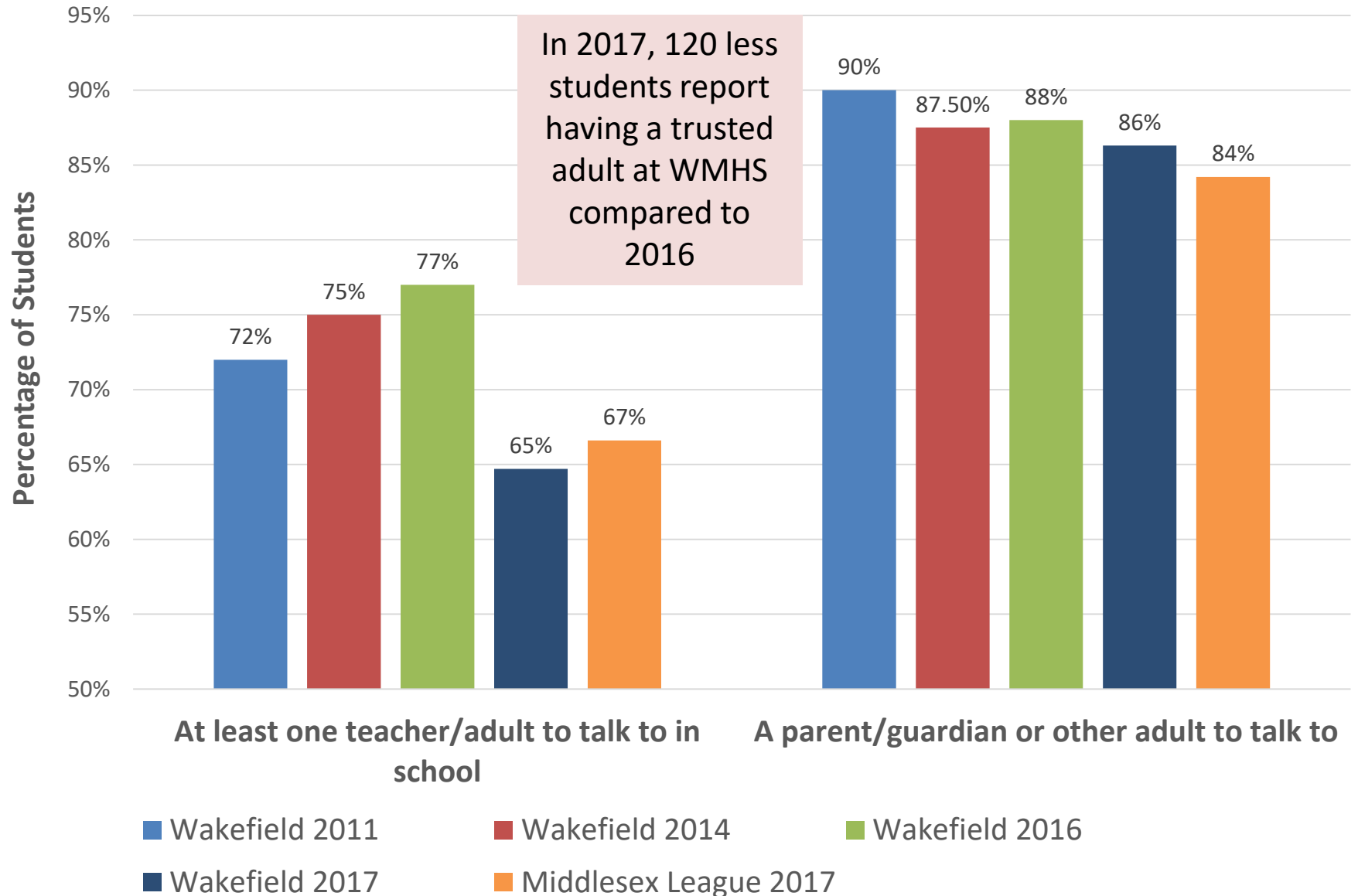
WMHS Suicidal Thinking



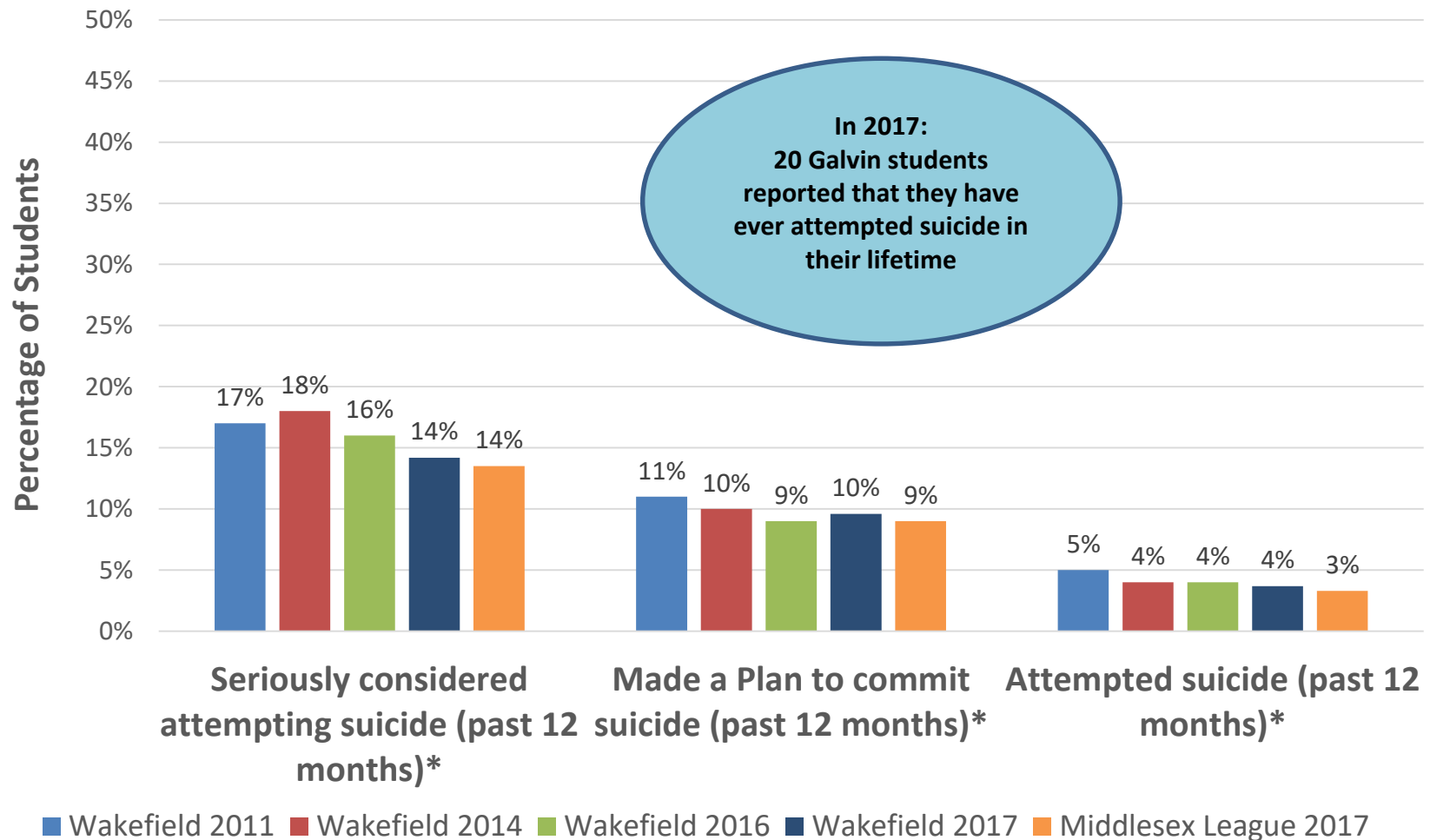
WMHS Emotional Well-being & Self Harm



WMHS Protective Factors

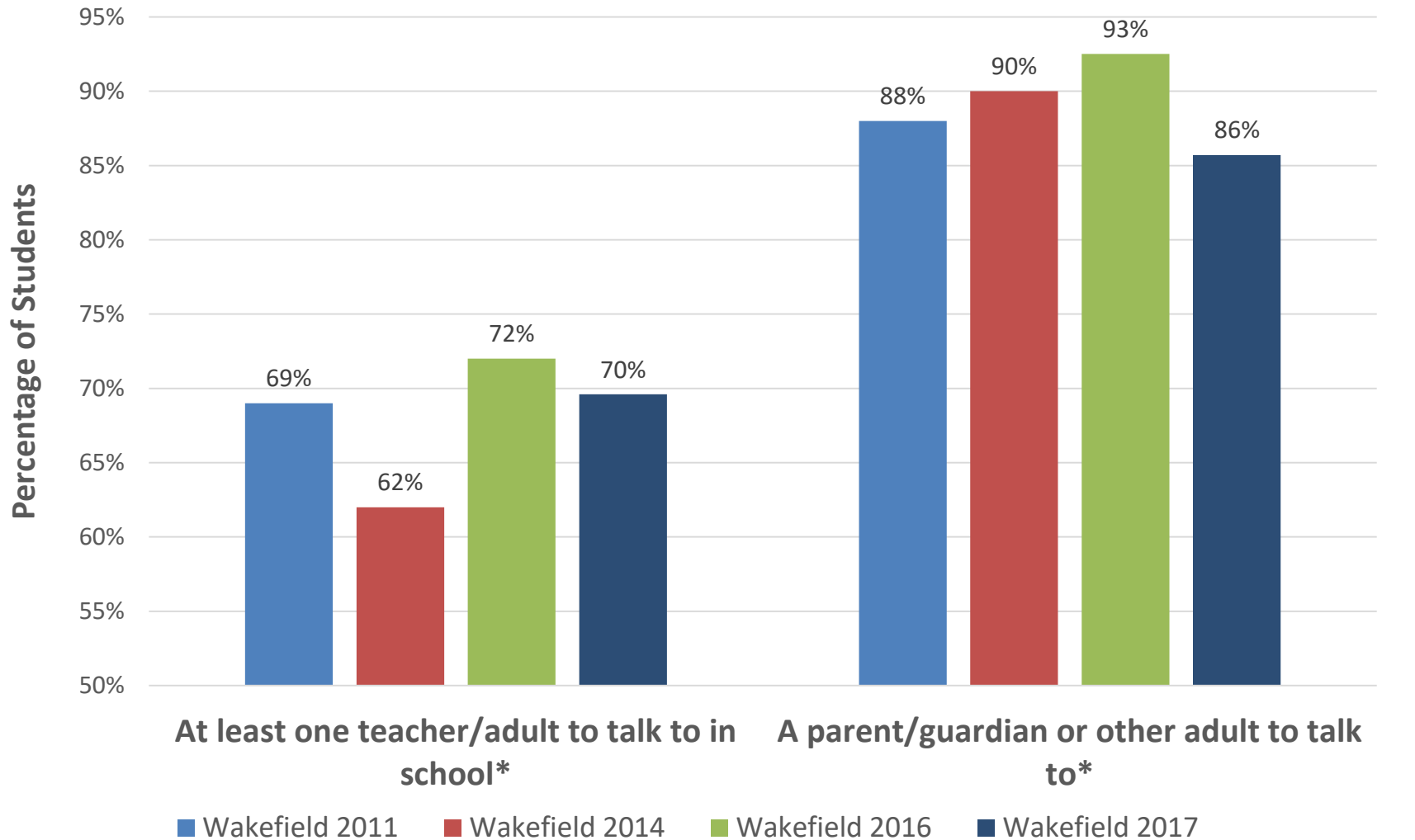


Galvin Suicidal Thinking



*no Wakefield 2017 data

Galvin Protective Factors



*no Middlesex League 2017 data

Strategies implemented: *Mental Health & Student Support*

- District Behavioral Health Team monthly meetings
- Suicide Prevention Coalition established
- Collaboration with local graduate schools to have School Psychologist Interns at each level within the district
- Development of WPS Strategy for Social Emotional Health and Learning
- **INTERFACE Referral Program- Over 130 Student Referrals**

DO YOU OR DO YOU KNOW OF SOMEONE
WHO WOULD BENEFIT FROM SEEING A
MENTAL HEALTH PROFESSIONAL?

THE TOWN OF WAKEFIELD & WAKEFIELD PUBLIC
SCHOOLS PROUDLY SPONSOR THE

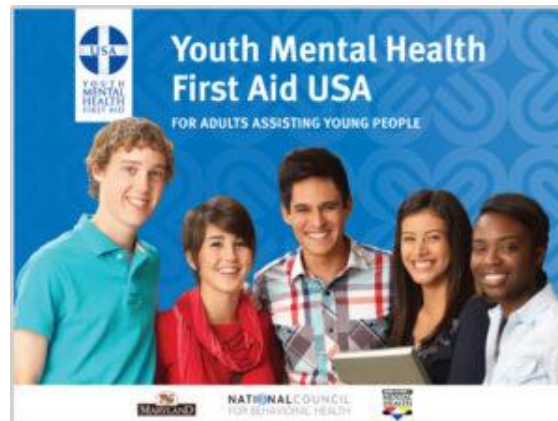
INTERFACE REFERRAL SERVICE
FOR ALL WAKEFIELD RESIDENTS & STUDENTS

www.interface.williamjames.edu/community/wakefield



Strategies implemented: *Mental Health & Student Support* *continued...*

- Youth Mental Health First Aid: 100+ WPS faculty certified
- All Faculty received Mental Health 101 1 hr Training '16-'17
- Student Support Website established
- Increased programming with Elliot Crisis Management (at school) & continuum of care with schools, police and families
- Galvin Full-Time Guidance Counselor
- Student Support Staff outreach at Galvin
- Increased Parent workshops on Mental Health topics in collaboration with Wake-Up, Parent Partnership & Wakefield SEPAC

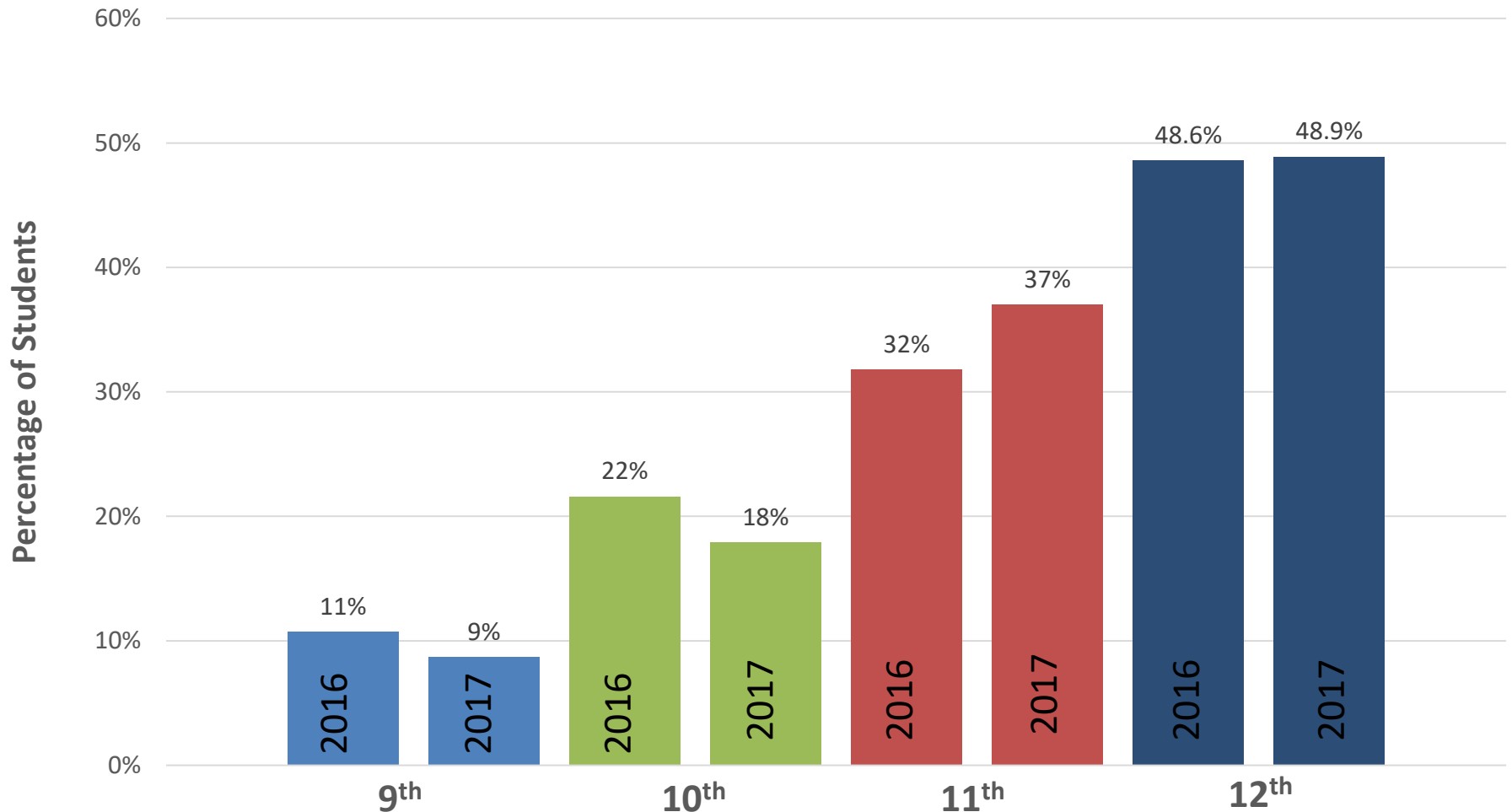


Goals for the next two years...

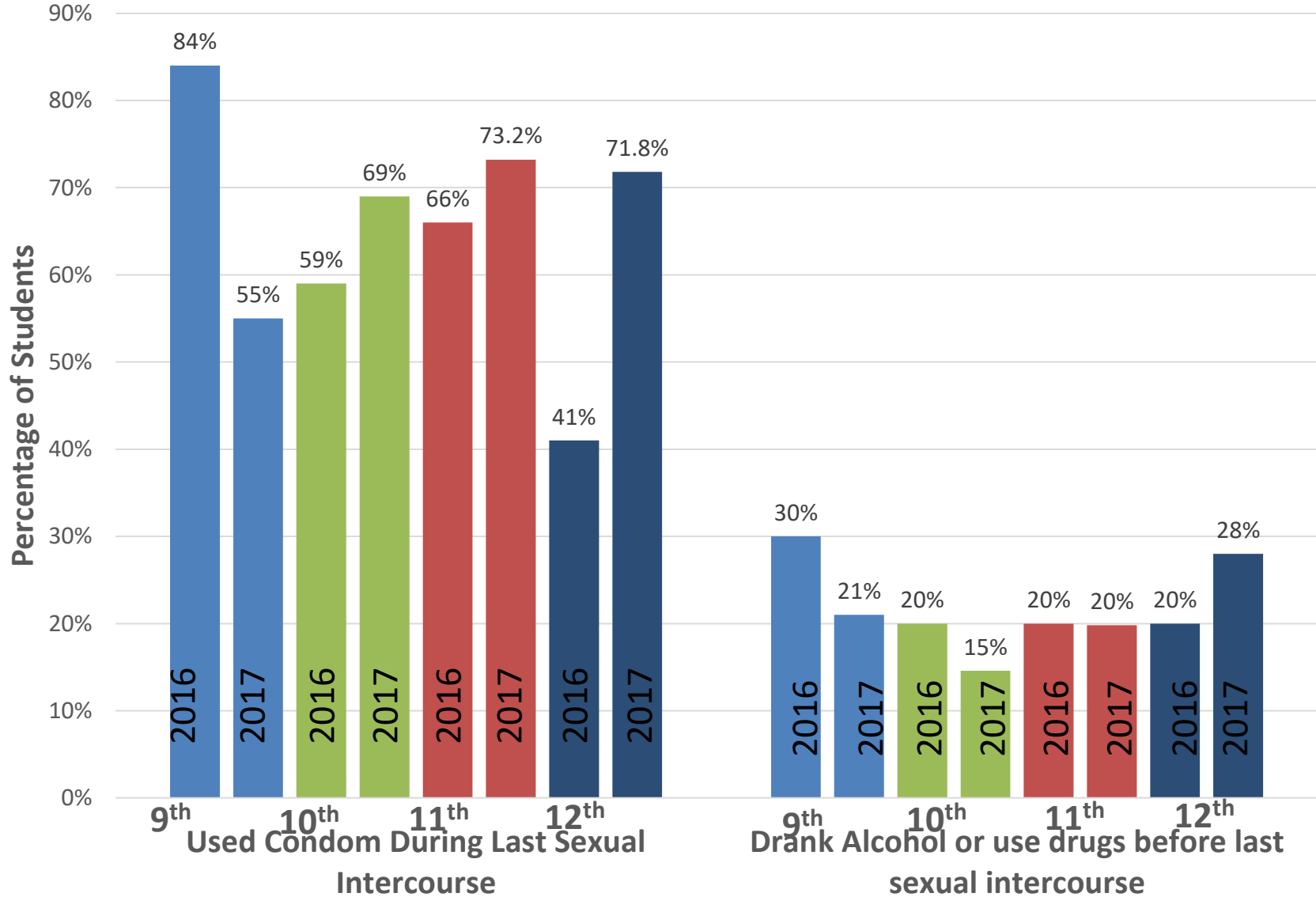
- Continue programs established in '15-'17
- Development of Action plan to implement SEHL strategy
- Development of District Social Emotional Learning Leadership Team to monitor strategy implementation
- Youth Mental Health First Aid added to 5 Part PD series for all educators and to Mentor Training Program for new teachers
- Implement K-12 Social-Emotional Curriculum in Health Classes and Elementary Classrooms
- Look into universal Mental Health Screening

Wakefield High School YRBS Sexual Behavior Results

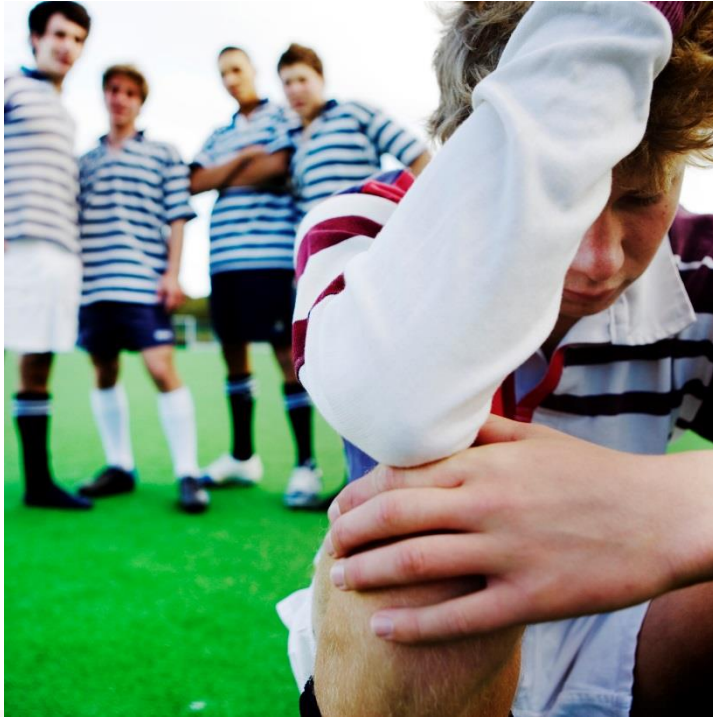
Students who have had Sexual Intercourse (lifetime) by Grade 2016 vs. 2017



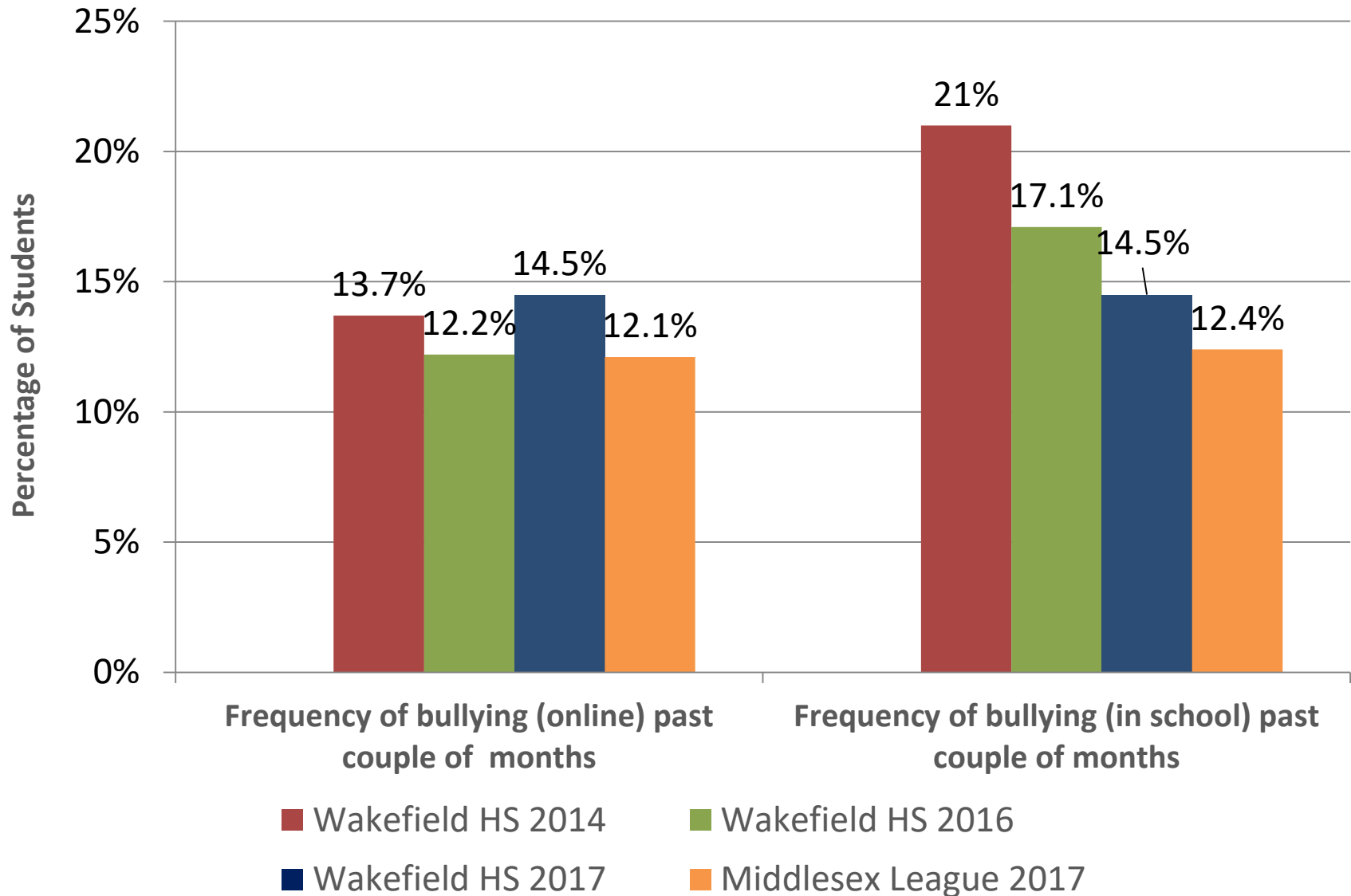
Of those students who reported they were sexually active by grade.. 2016 vs. 2017



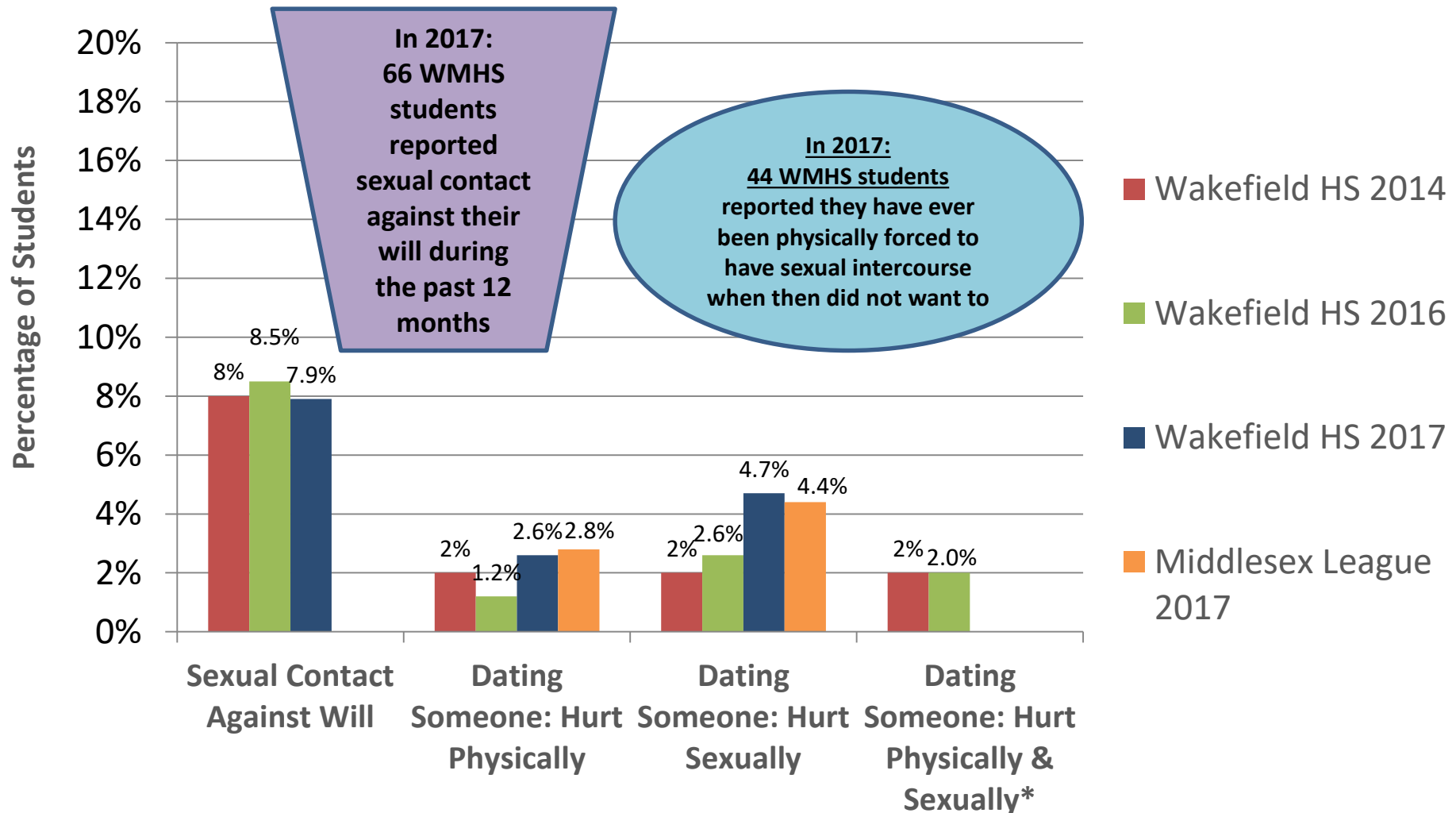
Violence and Bullying



WMHS: Violence & Bullying

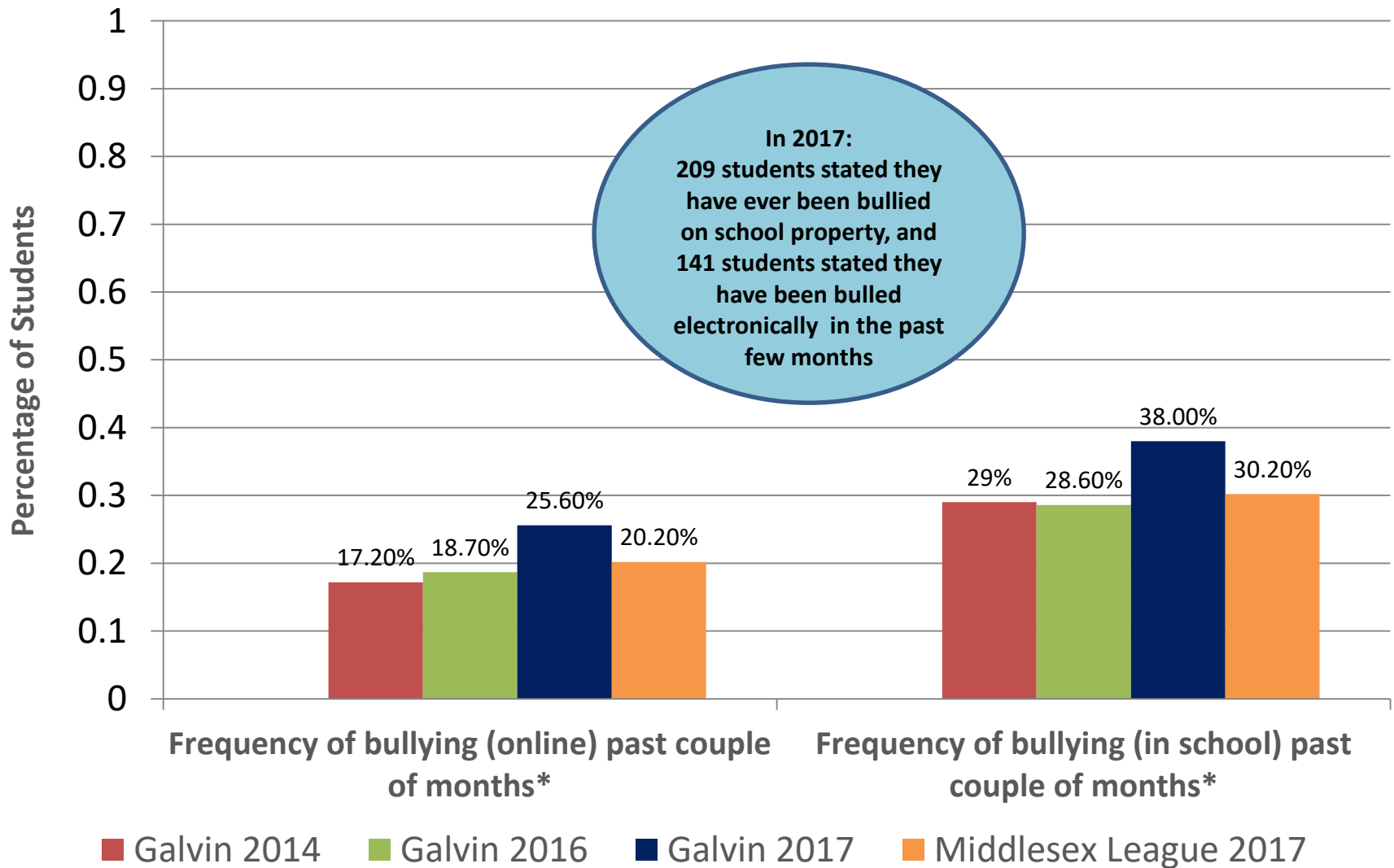


Sexual Contact Against Will and Dating Violence



*no 2017 data

Galvin: Violence & Bullying



Strategies implemented (past two years)

Violence and Bullying

- School faculty participation in Wakefield Alliance Against Violence (WAAV)
- Galvin & HS Health Class curriculum “Health Smart” includes violence prevention /healthy relationships unit
- HS Diversity leaders trained by Anti-Defamation League
 - Leaders go into 9th & 10th history classes to present lessons on the ID/prevention of bullying, harassment, and discrimination
- “Yellow Dress”, focused on dating violence, is presented to 11th graders on an annual basis
- Galvin established ADL leadership group
- Galvin 8th grade leadership orientation

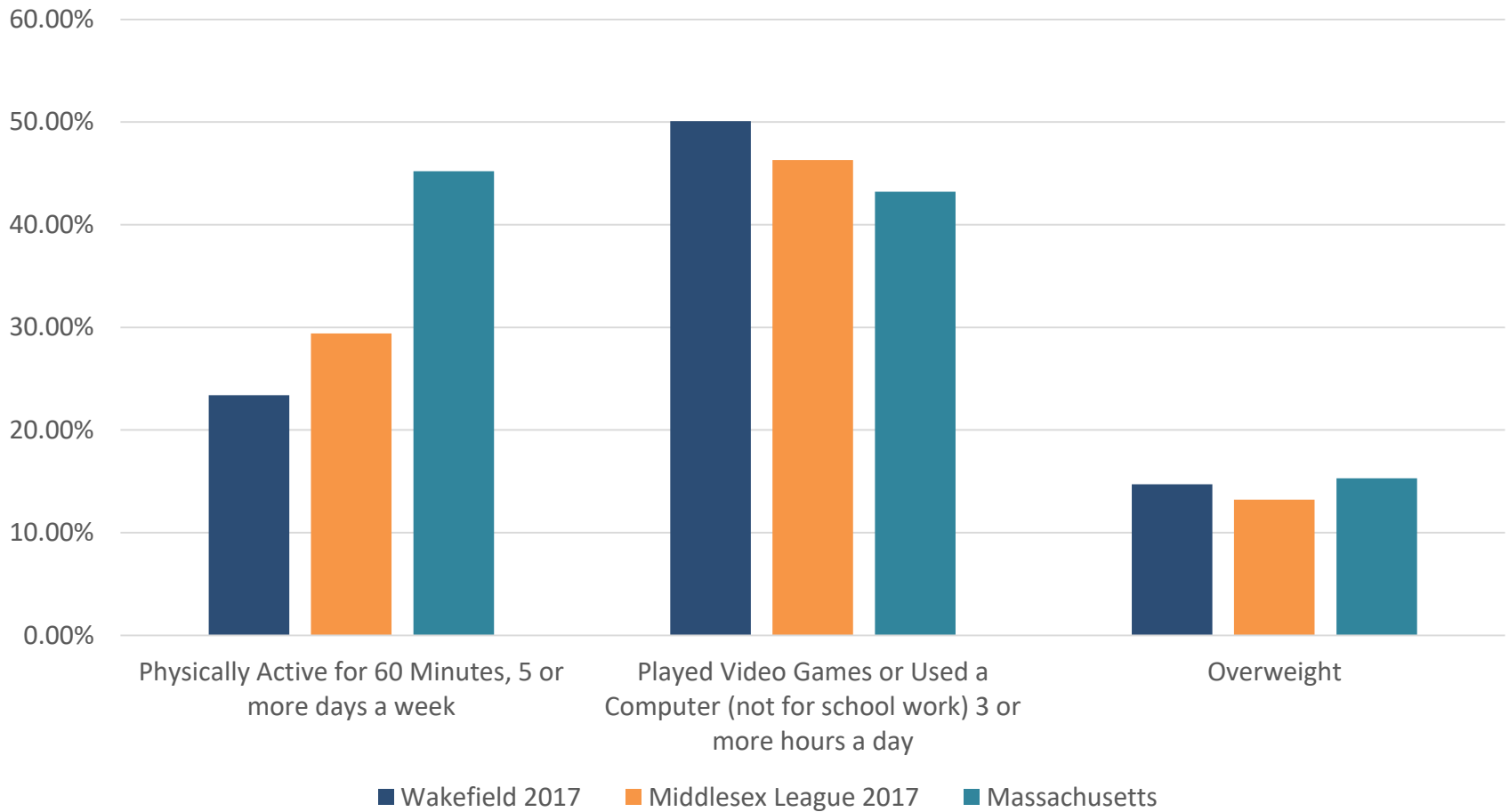
Goals for the next two years...

- Mentors in Violence Prevention (MVP) curriculum will be implemented in Health Classes & WHS Athletics. Kim Margolis will run MVP Peer Leadership Group at the HS.
- RAD KIDS Program and RAD for HS Women
- Other Galvin & WMHS initiatives

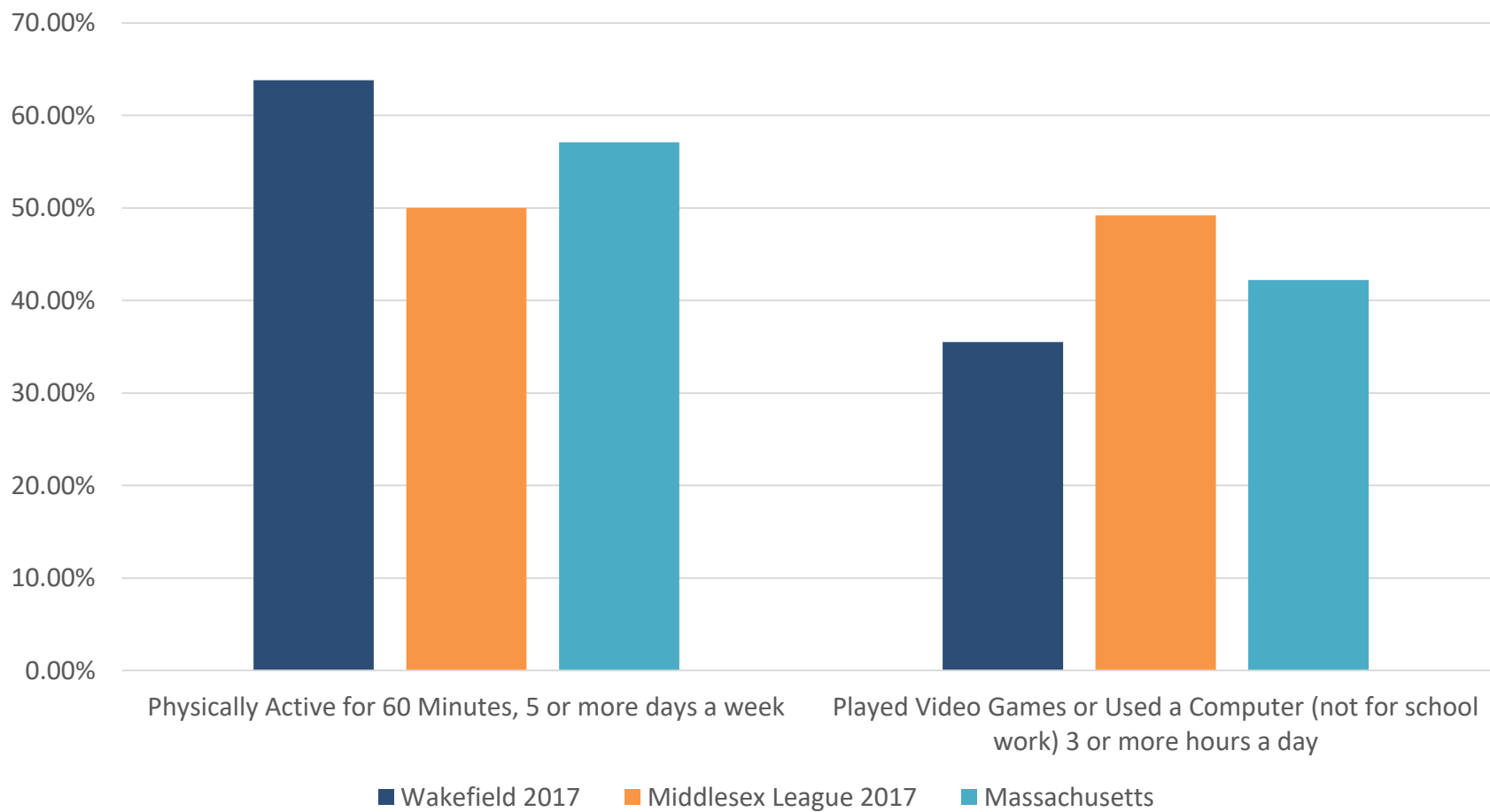
WMHS Physical Activity and Screen Time



WMHS Physical Activity & Screen Time



Galvin Physical Activity & Screen Time



In Conclusion...

- Increase parent education around new trends, i.e. vaping and marijuana use (hard to reach parent populations- older youth) i.e. parking pass assembly
- Explore increasing health curriculum to 10-12th grade students
- Evaluate first year of SBIRT Screening
- Maximize use of Mental Health support systems now in place (Interface Referral Service, Elliot, SAFE Project)
- Expand Bullying & Violence Prevention strategies