



**MYSTIC
VALLEY**
PUBLIC HEALTH COALITION

**FINDING HELP
FOR
SUBSTANCE USE DISORDERS**

**SERVING MALDEN, MEDFORD, MELROSE, READING, STONEHAM,
WINCHESTER AND WAKEFIELD**

Edited: July 2017

Organizations names and/or contact information may change

For most current edition please visit: www.mysticvalleypublichealth.org



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Hotlines



Massachusetts Substance Abuse Helpline

Youth & Adult • www.helpline-online.com
(617) 292-5065



Institute for Health and Recovery

Youth • www.healthrecovery.org
(617) 661-3991



Jane Doe Domestic Violence

Sexual & Domestic Violence • Multi-lingual • www.janedoe.org
(877) 785-2020
Sexual & Domestic Violence Multilingual www.JaneDoe.org



The Network La Red

Sexual & Domestic Abuse • LGBTQ • English & Spanish • Provides safe houses
www.thenetworklared.org
(617) 742-4911



Gay Men's Domestic Violence Project

(800) 832-1901



Boston Area Rape Crisis Center

24 hour line • www.barcc.org
(800) 841-8371



Samaritans-Suicide Prevention

Toll free: (877) 870-4673 • Youth Line: (800) 252-8336
24hr lines: (617) 247-0220
www.samaritanshope.org



National Suicide Prevention Lifeline

Veterans • Suicide prevention • www.suicidepreventionlifeline.org
(800) 273- 8255



Child-at-Risk

Department of Children and Family Services Emergency Hotline
www.mass.gov/eohhs/gov/departments/dcf/child-abuse-neglect/
(800) 792-5200



National Runaway Safeline

Runaways advice line for parents and children
www.1800runaway.org
(800) 786-2929



MA Council on Compulsive Gambling

<https://masscompulsivegambling.org>
Live Chat: 24-Hour Helpline: 1-800-426-1234

Overdose Signs & Risk Factors



Good Samaritan Law

Removes a key barrier that prevents people from seeking help in an overdose emergency. Friends, family or bystanders who witness an overdose can call 911 without fear of being arrested for drug possession. The law does not provide immunity from arrest or prosecution for drug trafficking or for outstanding warrants.

Signs of Opioid Overdose

- ◇ Slow breathing or no breathing
- ◇ Blue lips or fingertips
- ◇ Choking or gurgling sound/deep snoring
- ◇ Seizures or convulsions
- ◇ Person won't wake up– no response to yelling or shaking
- ◇ Clammy, cool skin
- ◇ Heavy nod– not responding to stimulation

Overdose Risk Factors

- Using alone
 - ◇ Overdoses happen in clusters- if someone has had a recent overdose pay attention.
- Lower Tolerance
 - ◇ Even after a few days of not using, one's tolerance can be lower. For example, after leaving a jail or rehab program after a few short days.
- Unpredictable Potency
 - ◇ Use caution when in a new place or when buying from a new source.
 - ◇ Heroin maybe cut with other drugs making the potency of the dose unpredictable and life threatening.
- Mixing Drugs
 - ◇ Overdose risk increases when heroin or other opioids are combined with other downers such as alcohol and benzodiazepine.

What To Do If You Encounter An Overdose

CALL 9-1-1 FIRST!

Tell the 911 operator that the person is not breathing. Stay with the person if you can. Try to remain calm. If you can't stay with them, put the person in a supportive position on their side (the recovery position) and leave the door unlocked for the EMTs.

GIVE NALOXONE (NARCAN) IF YOU HAVE IT

Spray the Naloxone up their nose (half in each nostril). Wait 2-3 minutes before you give a second dose. During this time, perform rescue breathing.

PERFORM RESCUE BREATHING

Tilt their head back to open the airway; pinch the nose and breathe into the mouth (2 quick breaths then 1 every 5 seconds).

Community Based Prevention

Primary prevention focuses on individuals, families and the community as a whole to prevent the initiation of substance use or to delay the onset of use. Prevention of alcohol, tobacco and other drugs is focused on availability, access, community norms and regulations. The environmental approach is to ensure that access is reduced, attitudes, beliefs and perceptions are changed, policies are strengthened and enforcement is increased.

Policy- Change local bylaws and ordinances that affect substance use rates in communities by working with local boards of health, commissions and councils.

Education/Awareness- Enhance skills, share information and increase knowledge through community forums, workshops and social marketing campaigns.

Join a local coalition- a coalition is a group or individuals that join forces for a common cause/interest

Malden– (781) 379-7049
Malden Board of Health
www.cityofmalden.org

Medford– (781) 393-2449
Team Medford
www.teammedford.org

Melrose– (781) 979-4128
Melrose Substance Abuse Prevention Coalition
www.cityofmelrose.org/substance-abuse-prevention-coalition

Stoneham
Stoneham Substance Abuse Coalition
www.stonehamsac.com

Reading- (781) 944-6300
Reading Coalition Against Substance Abuse
www.readingma.gov/reading-coalition-against-substance-abuse

Wakefield– (781) 246-6300
Wakefield Unified Prevention
www.wakefieldwakeup.org

Winchester
Winchester Coalition for a Safer Community
www.winchestercoalitionsafercommunity.com

SBIRT- Screening Brief Intervention and Referral to Treatment

SBIRT is a comprehensive, integrated, public health approach to give the skills necessary to discuss behavior change with patients. This approach is often used in primary care centers, hospital emergency rooms, trauma centers, and other community settings.

Screening	Quickly assesses the severity of substance use and identifies the appropriate level of treatment.
Brief intervention	Focuses on increasing insight and awareness regarding substance use and motivation toward behavioral change.
Referral to treatment	Provides those identified as needing more extensive treatment with access to specialty care.

CRAFFT- Car, Relax, Alone, Forget, Friends, Trouble

A screening tool for youth under 21 to assess the risk of alcohol and other drug use. The tool will determine whether further assessment is needed. The model below is for a self administered assessment.

In the past 12 months, did you; take more than a few sips of alcohol, smoke any marijuana, use anything else to get high?	
C	Have you ridden in a <i>CAR</i> driven by someone who was 'high' or had been using alcohol or drugs?
R	Do you ever use alcohol/drugs to <i>RELAX</i> , feel better about yourself, or fit in?
A	Do you ever use alcohol/drugs while you are by yourself, <i>ALONE</i> ?
F	Do you ever <i>FORGET</i> things you did while you were using alcohol or drugs?
F	Do your family or <i>FRIENDS</i> ever tell you that you should cut down on your drinking or drug use?
T	Have you gotten into <i>TROUBLE</i> while you were using alcohol or drugs?

Overdose Reversal & Narcan

Naloxone: In an overdose, opioids can slow breathing to the point of death. Nasal Naloxone blocks the opioids and restores normal breathing when sprayed into the nose or injected into the muscle of someone who has overdosed. It is safe, easy to administer, and has no potential for abuse.

Accessing Naloxone or NARCAN

You can access Naloxone (Narcan) in multiple ways:

1. From your doctor
 2. From specific pharmacies with a standing order
 3. From specific state funded programs
- As a result of the Good Samaritan Law, doctors can prescribe Naloxone (Narcan) to opioid users and their family members.
 - No prescription is needed where there is a standing order. Some insurance plans will cover the cost or one can pay out of pocket.

Pharmacies carrying Naloxone (Narcan) over-the-counter

ALL WALGREENS	ALL Eaton Apothecary	ALL CVS	ALL RITE AID'S
Cambridge Health Alliance	East Boston Neighborhood Health Center	Codman Sq. Health Center	Holyoke Health Center
1493 Cambridge Street Cambridge	10 Grove Street East Boston 20 Maverick Square East Boston	637 Washington Street Dorchester	230 Maple Street Holyoke
Inman Pharmacy	Mass General Hospital		
1414 Cambridge Street Cambridge	55 Fruit Street Boston		

State-funded sites that have Naloxone (Narcan) supplies available to active users and bystanders. You can contact these sites for details on how to access Naloxone (Narcan).

AIDS Action Committee	Boston Public Health Commission	Healthy Streets Outreach Program
(617) 599-0246 359 Green Street Cambridge, MA www.aac.org	(617) 534-3967 774 Albany Street Boston, MA www.bphc.org	(339) 440-5633 100 Willow Street 2nd Floor Lynn, MA
Greater Lawrence Health Center	North Suffolk Mental Health	
(978) 685-7663 100 Water Street Lawrence, MA www.glfhc.org	(617) 912-7550 265 Beach Street Revere, MA	

For Family Members



Learn to Cope: Naloxone is available at support groups for parents and family members dealing with a loved one suffering from substance use disorder. Family members can be trained on how to properly carry and administer Naloxone (Narcan) to their loved one. Visit www.learn2cope.org for meeting locations and times.



FOR A FULL LIST
OF TRAINING
SITES VISIT:
WWW.HELPLINE-ONLINE.COM
OR CALL:
(800) 327-5050

Understanding the Continuum of Care

Every individual will experience a different path in their journey to recovery. There are many options in the course of one's recovery that may play a role. Below are definitions of different treatment options you may encounter during your journey.

Detoxification

Inpatient Services

Residential Treatment

Outpatient Services

Self Help/Support Groups

Assessment

A specialist gathers information about the individual's situation; helps identify and plan the most appropriate treatment path with the highest rate of success for the individual. Many residential facilities will require an assessment upon admission into a program.

Detoxification

A short term stay, anywhere from 3 - 7 days, providing medical supervision to minimize physical withdrawal symptoms while keeping you safe as your system is purged from drugs and alcohol. Programs offer different detox medications, and will incorporate counseling and therapy to help with the psychological distress an individual may experience.

Inpatient Treatment Services

A longer period of stay that offers a very structured and defined atmosphere. This type of a setting helps the patient focus on physical and psychological healing utilizing counseling and other support services.

Residential/Recovery Homes

A group home, recovery home or halfway house is a short or long-term stay that offers housing, meals and meetings in a community environment. The goal is for each resident to work on his or her recovery and learn the skills as well as have support to establish a better quality of life. All group houses have drug testing and case management services.

Outpatient Treatment Services

Includes a variety of services including daily meetings, 12-step recovery, one-on-one case management and counseling. Morning and evening hours allow for outpatient clients to work, job-search, attend to family commitments and other obligations while receiving treatment. Some outpatient programs provide child-care.

Support/Self Help Group

Daily and weekly meetings that you and/or your family can attend for continued support during sobriety.

Medication Assisted Treatment –Suboxone, Methadone, Vivitrol

These medications help to fight cravings and withdrawals from opiate addiction. The medication makes it extremely difficult, if not impossible, to feel the effects of an opiate. Many people are very successful on Suboxone, Methadone, and Vivitrol.

Methadone is a monitored dose of an opioid that works to fight cravings as well as withdrawals. It is prescribed through a daily visit to a clinic. It also works as a pain reliever.

Suboxone is used to treat opioid addiction. It is a low strength opioid meant to help people addicted by reducing withdrawal symptoms and decreasing cravings, while blocking the effects of other opioids/opiates.

Vivitrol (Naltrexone) is a once a month injection by a doctor that blocks the effects of narcotic drugs and alcohol. It can be used to treat and prevent narcotic and alcohol addiction relapse. You cannot receive a Vivitrol shot until narcotics have been out of your systems for 7-10 days.

Principles of Treatment

Did you know the Massachusetts Mental Health Parity Law requires insurers who offer mental health benefits to cover the diagnosis and treatment of certain mental disorders to the same extent that they cover the diagnosis and treatment of physical disorders. The law makes it illegal for some health insurers to place stricter annual or lifetime dollar or unit of service limitations on coverage of qualifying mental disorders that differ from the limitations on coverage of physical conditions. The law also provides for minimum outpatient and inpatient benefits for those disorders not required to be treated the same as physical ailments. If you believe your insurance provider is not complying with this law by failing to offer appropriate coverage for a qualifying mental health disorder, your state legislator may be able to help. Visit www.malegislature.gov/people to find out who your legislator is by searching for your city or town, and don't hesitate to call or email to request assistance.

Substance Use Disorder treatment offers many levels of care that are designed to reduce or stop alcohol or drug use — treatment ranges from severe detoxification services to general outpatient services. Providers of addiction treatment have a wide range of backgrounds, approaches and methods. Each individual is encouraged to consider the different types of care that providers offer in relation to what is best for you.

Principles of Treatment

1. Substance use disorder is a complex but treatable disease that affects brain function and behavior.
2. NO single treatment is appropriate for all individuals.
3. Treatment programs are voluntary and need to be readily available.
4. Effective treatment addresses multiple needs of the individual, not just his or her substance use disorder.
5. Length of stay in treatment is critical for ones long-term recovery; better outcomes occur with longer periods of time in treatment.
6. The most common form of treatment involves group and/or individual counseling as well as behavioral.
7. Medications may be an important element to one's treatment plan, especially when combined with counseling and behavioral.
8. An individual's treatment and services plan must constantly be modified and assessed to make sure that one's needs are being met. Family, significant others, and children are also part of one's treatment process and should also seek support.
9. Many substance use disorders can co-occur with mental illness and both should be addressed in treatment, including the use of medications when appropriate.
10. Medically assisted detoxification is the first step in substance use disorder treatment and alone does little to change long-term substance use. Individuals are encouraged to stay in treatment following detoxification.
11. Treatment does not need to be voluntary to be effective; sanctions or enticements can increase treatment entry and ultimate success of drug treatment interventions.
12. Transitioning from one program to another is very critical for recovery. Many people during transitions make the decision to go to another program or leave treatment. Drug use during treatment must be monitored as relapses do occur and may signal a need for a change in treatment plan.
13. Recovery from substance use disorder can be a long-term process that may take many attempts in treatment. So stay strong and encourage commitment time and time again.

With COURAGE, STRENGTH, LOVE and SUPPORT life can change!

Principals of Drug Addiction Treatment: A Research Based Guide (Second Edition) Retrieved from:
<http://www.drugabuse.gov/publications/principles-drug-addiction-treatment/principles-effective-treatment>

Questions for Treatment Providers

Here are some things you or a loved one should ask as you consider a substance use disorder treatment program:

- ◇ Verify name, number, address of facility upon admission to treatment.
- ◇ Is this a gender-specific substance abuse center? Are there beds available?
- ◇ What forms of payment do you accept? Do they accept your insurance? If not, are they willing to work with you on a payment plan or other options?
- ◇ Can they treat substance abuse AND co-occurring mental health issues?
- ◇ Does the facility help clients with detox? Or would a patient have to go through detox before being admitted?
- ◇ What is the protocol for opiates and other substances?
- ◇ Do you have to be medically cleared to enter the facility? Will you accept people from home? Do they need pass a drug test?
- ◇ How long is the average stay?
- ◇ What kind of licenses do staff members hold and is the center a state accredited facility?
- ◇ What methods of treatment are available at this substance abuse center? Will I receive group treatment sessions or one-on-one sessions? Is behavioral therapy an option to encourage integration back in to the community?
- ◇ Does the facility tailor its programs to suit client needs or is everyone's expectation of treatment the same throughout the program?
- ◇ Is there ongoing assessment of individual's treatment plan to meet changing needs?
- ◇ What sort of amenities does your substance abuse center provide for its residents?
- ◇ Are there restrictions on what clients can bring when they enter the facility?
- ◇ What is the schedule like? Are clients allowed to contact friends and family and are visitors allowed?
- ◇ Does the program offer medication assistance or medication assessment if needed?
- ◇ Does the program offer in-patient aftercare or long term support?
- ◇ What type of support or follow-up services with patients do you provide once I return home to monitor possible relapse?
- ◇ What does the facility do if a client has a relapse?
- ◇ Does the facility provide therapy for family members or are referrals made to provide support?

Intervention & Courts

Youth Interventions: Programs that address the needs of the individuals, families and communities in the early stages of substance misuse. The focus is on the individual who has begun to experiment or who is in a high risk environment or other situations due to other substance misuse issues in the family. A professional team will provide immediate services targeting the problem behaviors.

Bridge Over Troubled Waters

(617) 423-9575
47 West Street
Boston, MA
www.bridgeotw.org

ROCA Youth Development

(617) 889-5210
101 Park Street
Chelsea, MA
www.rocainc.org

Family Interventions: A specific form of intervention which involves family members of an alcoholic or person with substance use disorder. This specific type of intervention is in order to get someone to seek professional help.

SSTAR (ARISE)

(508) 558-0376
386 Stanley Street
Fall River, MA
www.sstar.org

Gosnold

(774) 313-0662
196 Ter Heun Drive
Falmouth, MA
www.gosnold.org

Section 35 A Court Ordered Treatment: A petition for “the procedure for Commitment of Substance Abusers”, which allows family members concerned for health and safety of their addicted relative go to courts clinic and present the severity of the issue. If the court deems that the individual is in serious danger of hurting themselves or others they will mandate that person to substance treatment, legally for 30 days. **This is an involuntary placement: Men sent to Brockton and Bridgewater—Women sent to Jamaica Plain, New Bedford, or Taunton*

Adult Court

Malden- (781) 322-7500
Somerville- (617) 666-8000 x103
Woburn- (781) 939-2700

Youth Court

Cambridge- (781) 306-2710
Lowell- (978) 459-4101

Specialty Court Locations: Specialty Courts are problem-solving court sessions which provide court-supervised probation and mandated treatment focused on treating the mental health or substance abuse issues underlying criminal behavior. Only a judge can refer to a drug court.

Adult Court

Charlestown	Malden
Dorchester	Chelsea
East Boston	Lowell
South Boston	Lynn
Cambridge	Newton

Juvenile Drug Court

Fall River Juvenile Court
New Bedford Juvenile Court
Taunton Juvenile Court

Adult Detoxification

Detox Services: A short-term stay, anywhere from 3—7 days, providing medical supervision to minimize physical withdrawal symptoms while keeping you safe as you abstain from alcohol and other drugs. Programs offer different detox medications and will incorporate counseling and therapy to help with the psychological distress an individual may experience.

Andrew House—Jamaica Plain

(617) 318-5600
170 Morton Street
Jamaica Plain, MA
www.baycove.org



Andrew House-Stoughton

(781) 232-5500
909 Sumner Street
Stoughton, MA
www.baycove.org

Dimock Health Center

(617) 442-8800
55 Dimock Street
Roxbury, MA
www.dimockcenter.org

Gosnold

(508) 540-6550
200 Ter Heun Drive
Falmouth, MA
www.gosnold.org

High Point—Brockton

(508) 584-9210
30 Meadowbrook Road
Brockton, MA



Phoenix House

(617) 934-1136
43 Old Colony Avenue
Quincy, MA
www.phoenixhouse.org

Lahey Behavioral Health

(800) 763-5363
784 Massachusetts Avenue
Boston, MA

(978) 777-2121
111 Middleton Road
Danvers, MA

(978) 259-7000
365 East Street
Tewksbury MA

www.nebhealth.org/services

(508) 224-7701
1233 State Road
Plymouth, MA
www.hptc.org

Spectrum Primary Detox

(781) 331-3709
861 Main Street
Weymouth, MA

(800) 366-7732
154 Oak Street
Westborough, MA
www.spectrumhealthsystems.org

Private Detox Facilities

Recovery Centers of America
Detox & Residential
(978) 767-2847
75 Lindall Street
Danvers, MA

Serenity Summit
Detox & Residential
1 (844) 634-3869
61 Brown Street
Haverhill, MA 01830

*These are private treatment centers.

Hospital Based Services : Hospitals that provide adult detoxification services. Medical clearance from an emergency room may be required.

Arbour Hospital

(617) 522-4400
49 Robinwood Avenue
Jamaica Plain, MA
www.arbourhealth.com

Baldpate Hospital

(978) 352-2131
83 Baldpate Road
Georgetown, MA

Beverly Hospital-Leland Unit

(978) 922-3000 x2801
85 Herrick Street
Beverly, MA

BourneWood Hospital

(617) 469-0300
300 South Street
Brookline, MA
www.bourneWood.com

Emerson Addiction Services

978) 287-3520
133 Old Road to Nine Acre
Concord, MA
www.emersonhospital.org
Notes: Outpatient

Faulkner Hospital

(617) 983-7711
1153 Centre Street
Boston, MA
www.brighamandwomensfaulkner.org

McLean Hospital-Proctor 1

(617) 855-3141
115 Mill Street
Belmont, MA

St. Elizabeth's Hospital—SECAP

(617) 789-2574
736 Cambridge Street
Brighton, MA
www.steward.org/substance-abuse

Veteran's Center for Addiction

(781) 687-2275
200 Springs Road
Bedford, MA
For Veteran's at the VA Hospital

Adult Residential Treatment

Residential: Residential Treatment Programs under 30 days, Clinical Stabilization (CSS) or Transitional Support Services (TSS) provide short-term acute treatment for individuals who require intensive care and support due to their alcohol and/or other drug use. Residential Treatment Services under 30 days include Acute Treatment Services (ATS), Transitional Support Services (TSS). *Referral often required*

Clinical Stabilization Services (CSS): Provides clinical services for clients leaving detox or stabilization services needing acute treatment but not meeting criteria for medically necessary detox.

Gosnold Post Detox

(800) 444-1554
1140 MA-28A
Bourne, MA

Phoenix House

(617) 934-1136
43 Old Colony Avenue
Quincy, MA

SSTAR Step Down Services

(508) 324-7763
386 Stanley Street
Fall River, MA

High Point- Serenity Inn

(800) 734-3444
30 Meadowbrook Road
Brockton, MA

Post Detox Step Down- Lahey

(800) 323-2224
111 Middleton Road
Danvers, MA

The Hope Center - BHN

(413) 301-9500
35 Heywood Street
Springfield, MA

High Point- Stabilization

(800) 233-4478
1233 State Road
Plymouth, MA

Spectrum Post Detox

(781) 331-3709
861 Main Street
Weymouth, MA



Women's Renewal -Dimock

(617) 442-8800
56 Dimock Street
Boston, MA

Transitional Support Services (TSS)

Transitional Support Services (TSS) are short-term residential, support services for clients who need a safe and structured environment to support their recovery process after detoxification. These programs are designed to help those who need services between acute treatment and over 30 day rehabilitation, outpatient or other aftercare.

Eligibility: Only those age 18 or older who are referred by a publicly funded ATS (detox) program, a homeless shelter, or homeless outreach worker

(Phoenix) Arbor House

(866) 498-3075
130 Pine Street
Holyoke, MA

New Hope

(617) 878-2550
61 Redfield Road
South Weymouth, MA

Women's Hope

(617) 442-0048
10 Chamblet Street
Dorchester, MA

High Point Treatment Center

(508) 984-1697
108 North Front Street
New Bedford, MA

Spectrum Residential Program

(800) 366-7732
154 Oak Street
Westborough, MA

CAB Health and Recovery

(781) 598-1270 x208
365 East Street
Tewksbury, MA



Lynn Transitional

(781) 593-9434
101 Green Street
Lynn, MA



Transitions

(617) 534-9150
201 River Street
Mattapan, MA

Partial Hospitalization Program (PHP): Partial hospitalization programs (PHP) are offered for patients as part of the treatment continuum. Partial hospitalization may be appropriate for patients making the transition from inpatient to outpatient treatment or as a program alternative for patients who do not present any danger to themselves or others but need a structured treatment plan and environment.

Northeast Addictions Treatment Center

604 Washington St.
Quincy, MA 02169
(800) 218-1734
www.neaddictions.com

New England Recovery Center

(844) 500-6372
153 Oak Street
Westborough, MA

Banyan

(978) 737-7272
66K Concord Street
Wilmington, MA

These are private treatment centers

Men's Recovery Homes

Residential/Recovery Homes: A group home, recovery home or halfway house is available for a short or long term stay that offers housing, meals and meetings in a community environment. The aim is that each resident works on his or her recovery and learns the skills and support to establish a better quality of life. All group houses have drug testing and case management services.

Anchor House

(508) 746-6654
Plymouth, MA

Answer House

(617) 268-7124
South Boston, MA
www.mhsainc.org

Beacon House

(413) 773-1706
Greenfield, MA
www.servicenet.org

Casa Esperanza

(617) 445-7411
Roxbury, MA
www.casaesperanza.org

Charlestown House

(617) 242-0088
Charlestown, MA

The Alternative House

(617) 569-8222
East Boston, MA

Channing House

(508) 755-8088
Worcester, MA

Crozier House

(508) 860-2209
Worcester, MA

Dimock /John Flowers

(617) 442-8800
Roxbury, MA
www.dimock.org

Eastern Middlesex

(781) 321-2600
Malden, MA

Gandara

(413) 781-2234
Springfield, MA
www.gandaracenter.org

Gavin House

(617) 368-5517
South Boston, MA
www.gavinfoundation.org

Granada House

(617) 254-2923
Allston, MA
www.granadahouse.org

Green House

(508) 421-4403
Worcester, MA
www.communityhealthlink.org

Hairston House

(413) 585-8390
Northampton, MA
www.gandaracenter.org

Hamilton House

(617) 288-1584
Dorchester, MA

Harmony House

(508) 992-8948
New Bedford, MA
www.hptc.org

Hector Reyes House

(508) 459-1805
Worcester, MA
lahaworc.org

Hello House

(617) 262-7142
Boston, MA
www.voamass.org

Hope House

(617) 971-9360
Boston, MA
www.hopehouseboston.org

Hurley House

(781) 891-4323
Waltham, MA
www.thehurleyhouse.com

Interim House

(617) 265-2636
Dorchester, MA

Jeremiah's Inn

(508) 755-6403
Worcester, MA
www.jeremiahsinn.com

Keenan House

(413) 499-2756
Pittsfield, MA
www.briencenter.org

Link House

(978) 462-7341
Newburyport, MA
www.linkhouseinc.org

Living and Recovering

(617) 522-2936
Jamaica Plain, MA
www.vpi.org/victory/our-programs/our-health-programs

Lowell Recovery

(978) 459-3371
Lowell, MA
www.lowellhouseinc.org

McLean

(800) 230-8764
Ashburnham, MA *Private
(800) 906-9531
Princeton, MA *Private

Miller House

(508) 540-5052
Falmouth, MA
www.gosnold.org

New Victories

(617) 825-6088
Dorchester, MA
www.vpi.org

North Cottage Program

(508) 285-2701
Norton, MA
www.northcottageprogram.com

Opportunity House

(413) 739-4732
Springfield, MA
www.bhninc.org

Orange House

(978) 544-6507
Orange, MA
www.servicenet.org

Pathway House

(978) 632-4574
Gardner, MA

Rehabilitation & Health

(617) 569-2089
East Boston, MA

Right Turn

(781) 646-3800
Watertown, MA *Private

Ryan House

(781) 593-9434
Lynn, MA

South Shore Recovery Home

(617) 773-7023
Quincy, MA

Spectrum Health

(508) 892-1010
Westborough, MA
www.spectrumhealthsystems.org

Steppingstone House

(508) 674-2788
Fall River, MA
www.steppingstoneinc.com

The Bridge House

(508) 872-6194
Framingham, MA
www.bridgehouseinc.org

Sullivan House

(617) 524-4416
Jamaica Plain, MA
mhsainc.org

Caspar House (1 & 2)

(617) 623-5277
(617) 776-6036
Somerville, MA
www.casparinc.org

Victory House

(617) 262-5032
Boston, MA
www.vpi.org

Women's Recovery Homes

Women's Recovery Homes

Residential/Recovery Homes: A group home, recovery home or halfway house is available for a short or long term stay that offers housing, meals and meetings in a community environment. The aim is that each resident works on his or her recovery and learns the skills and support to establish a better quality of life. All group houses have drug testing and case management services.

Beacon House

(413) 773-4610
Greenfield, MA
www.servicenet.org

Beryls' House

(774) 243 6995
Worcester, MA
www.communityhealthlink.org



Edwina Martin House

(508) 583-0493
Brockton, MA



Emerson House

(800) 444-1554
Falmouth, MA
www.gosnold.org



Faith House

(508) 438-5625
Worcester, MA
www.communityhealthlink.org



Gandara Residential

(413) 540-9881
Holyoke, MA
www.gandaracenter.org



Granada House

(617) 254-2923 *coed
Allston, MA
www.granadahouse.org

GROW Program

(617) 661-6020
Cambridge, MA
*Must complete residential

Hello House

(617) 471-6616
Quincy, MA
www.voamass.org

New Joelyn's House

(617) 456-1201
Roxbury, MA

Latinas Y Ninos Center

(617) 445-1104
Roxbury, MA
www.casaesperanza.org



Linda Fay Griffin House

(508) 755-8990
Worcester, MA

Maranda's House

(508) 860-1005
Worcester, MA
www.communityhealthlink.org

McLean

(800) 230-8764
Ashburnham, MA
(800) 906-9531
Princeton, MA

Monarch House

(508) 992-0800
New Bedford, MA

My Sister's House

(413) 733-7891
Springfield, MA
www.bhninc.org



Pegasus House

(978) 687-4257
Lawrence, MA

New Day

(617) 628-8188
Somerville, MA
www.casparinc.org



Phoenix House

(413) 733-2178
Springfield, MA
www.phoenixhouse.org

Phoenix House

(844) 447-0310
Dorchester, MA



Project Cope

(781) 581-9270
Lynn, MA
www.projectcope.com



Rhodes Street House

(508) 581-7821
Millbury, MA
www.smoc.org

Ryan House

(781) 593-9434
Lynn, MA
*Coed

Serenity House

(508) 435-9040
Hopkinton, MA



Sheehan Women's Program

(978) 640-0840
Tewksbury, MA
www.lowellhouse.org

Shepherd House

(617) 288-3906
Dorchester, MA
www.vpi.org

Women's View


(978) 687-1658
Lawrence, MA
www.tpc1.org



Womanplace

(617) 661-6020
Cambridge, MA
www.casparinc.org



 Community-based women's residential substance abuse treatment programs for pregnant and post partum women offer linkage to prenatal and pediatric care, obstetrical services, early intervention programs, aftercare treatment and planning, and other services. Women in all trimesters of pregnancy can enter these programs.

Family Residential Services: Specialized Residential Services for Families provide a safe and supportive treatment environment for homeless families when the caretaking parent(s) has a chronic substance abuse problem.

Angel House

(866) 705-2807
Hyannis, MA

Entre Familia Program

(866) 705-2807
Mattapan, MA

Genesis II Family Center

(866) 705-2807
Newton, MA

Grace House

(866) 705-2807
Northampton, MA

H.A.R.T House

(866) 705-2807
Tewksbury, MA

Orchard Street

(978) 537-3109
Leominster, MA

Phoenix Families

(844) 447-0310
Dorchester, MA

Sage House

(866) 705-2807
Framingham, MA

Adult Outpatient

Outpatient Treatment Services: Often include a variety of services including daily meetings, 12-step recovery, one-on-one case management, and counseling. Morning and evening hours allow for outpatient clients to keep their work, job-search or family commitments while receiving treatment. Some outpatient programs provide also child-care.

Ad Care Outpatient Office

(617) 227-2622
14 Beacon Street Suite #801
Boston, MA
www.adcare.com

Bay Cove Treatment Center

(617) 371-3030
66 Canal Street
Boston, MA
www.baycove.org
Note: 21 plus

Cambridge Health Alliance

(617) 591-6051
26 Center St.
Somerville, MA
Emergency Services:
(617) 665-1560
www.cha.harvard.edu

Dimock Health Center

(617) 442-8800
55 Dimock Street
Roxbury, MA
www.dimockcenter.org

Gosnold

(508) 540-6550
200 Ter Heun Drive
Falmouth, MA
www.gosnold.org

High Point Treatment Center

www.hptc.org
Plymouth:
1233 State Road
Inpatient: (508)-224-7701
Outpatient: (508)-224-7705

Right Turn

440 Arsenal Street
Watertown, MA 02472
781-646-3800
www.right-turn.org

North Suffolk Mental Health

www.northsuffolk.org
14 Porter Street
East Boston, MA
(617) 569-3189

New Bedford:
(774) 7628-1000
108 North Front St.
Residential:
497 Belleville Ave.
(508) 994-3678

South Shore Mental Health

(617) 847-1950
859 Willard Street
Quincy, MA
www.ssmh.org

Chelsea Clinic
301 Broadway
Chelsea Ma 02150
(617)-889-3300

Brockton:
10 Meadowbrook Rd.
(508)-742-4400
30 Meadowbrook Rd.
(508) 742-4420

Team Coordinating Agency

(978) 373-1181
76 Winter Street
Haverhill, MA
www.teamca.net

Revere Clinic
265 Beach St
Revere MA 02151

Taunton:
(978) 823-5291
4 Post Office Square

South Bay Community Services

(781) 851-2648
22 Pleasant Street
Malden, MA
Notes: Sites throughout the state

SSTAR

(508) 324-7763
400 Stanley Street
Fall River, MA
www.sstar.org

MGH West End Clinic

(617) 724-4946
16 Blossom Street
Boston, MA
www.massgeneral.org

North River Counseling

(781) 834-7433
769 Plain Street, Unit I
Marshfield, MA

Boston ASAP

29 Winter Street
Boston, MA 02108
(617) 482-5292
Note: 18 & over

Hospital Based Services: Hospitals that provide adult outpatient services.

Mount Auburn Hospital

(617) 492-3500
330 Mt Auburn Street
Cambridge, MA
www.mountauburnhospital.org

Ad Care Hospital

(800) 345-3552
107 Lincoln Street
Worcester, MA
www.adcare.com

Arbour Hospital-Psych Serv.

(617) 731-3200
227 Babcock Street
Brookline, MA
www.arbourhealth.com

McLean Hospital

(617) 855-2000
115 Mill Street
Belmont, MA
www.mclean.harvard.edu

Adolescent Programs

Detox Services: Detoxification and stabilization services are for youth who are in need of medical, psychological and behavioral stabilization from substance use. The length of stay will depend on individual need.

The CASTLE High Point Treatment Center

(508) 638-6000
20 Meadowbrook Road
Brockton, MA
www.hptc.org
Notes: Ages 13-18

Motivating Youth Recovery Community Link

(508) 860-1244
26 Queen Street
Worcester, MA
www.communityhealthlink.org
Note: 13-17

Inpatient Treatment Services: These residential services are for youth who cannot control their use in the community. Residential substance treatment is voluntary and averages a 90 day stay. Youth will receive individual, group, and family counseling in a therapeutic setting. Intake and referral for residential treatment is completed by Institute for Health and Recovery, or a completed assessment is faxed to the Central Intake Coordinator (CIC). The assessment will be reviewed by CIC in order to make an appropriate referral to a residential program.

Institute for Health and Recovery
Adolescent intake:
349 Broadway Street Cambridge, MA
617-661-3991 or 866-705-2807 toll free
www.healthrecovery.org

The Institute for Health and Recovery is a statewide service, research, policy, and program development agency. IHR is here to assist in comprehensive care for individuals, youth, and families affected by alcohol, tobacco, and other drug use, mental health, and violence/trauma.

Cushing House

(617) 269-2933
54 Old Colony Avenue
South Boston, MA
www.gavinfoundation.org
Note: Ages 16-20 1 House for boys, 1 House for Girls



Highland Grace House

(508) 860-1172
280 Highland Street
Worcester, MA
www.communityhealthlink.org
Note: Ages 13-17



Lahey Adolescent Residential

(978) 968-1700
Zero Centennial Drive
Peabody, MA
www.nebhealth.org
Note: 13-18



Pegasus House

(978) 687-4257
482 Lowell Street
Lawrence, MA
www.psychologicalcenter.org
Note: Ages 18-24



Phoenix House

(800) 378-4435
15 Mulberry Street
Springfield, MA
www.phoenixhouse.org
Note: Ages 13-18



Lahey Behavioral Health

(978) 777-2121
111 Middleton Road
Danvers, MA
www.nebhealth.org

Adolescent Outpatient/Counseling

Outpatient Treatment Services: Often include a variety of services including daily meetings, 12-step recovery, one-on-one case management, and counseling. Morning and evening hours allow for outpatient clients to keep their work, job-search or family commitments while receiving treatment. Some outpatient programs provide also child-care.

Adolescent outpatient services that service the Mystic Valley area

Eliot Community Health

(781) 388-6249
173 Chelsea Street
Everett, MA
www.eliotchs.org

Cambridge Health Alliance

(617) 665-1000
1493 Cambridge St.
Cambridge, MA 02139
www.challiance.org

Bridge Over Troubled Waters

(617) 423-9575
47 West Street
Boston, MA
www.bridgeotw.org
Note: 14-24

DCS Mental Health Inc.

151 Mystic Ave.
Medford, MA 02155
781-396-1199

North River Associates

(781) 834-7433
769 Plain Street Unit I
Marshfield, MA

Justice Resource Institute

160 Gould Street
Suite 300
Needham, MA 02494
(781) 559-4900
www.jri.org

BU Adol. Trauma & S.A.

(617) 353-9610
648 Beacon Street
Boston, MA
www.bu.edu/anxiety
Note: ages 4-18 for anxiety

SAFE Project

(617) 661-3991
349 Broadway
Cambridge, MA
www.healthrecovery.org

Lahey Health Behavioral Service

(978) 745-2440
41 Mason Street, Suite 1
Salem, MA
www.nebhealth.org
Note: 18 & under

Dimock Comm. Serv. Corp. IOP

(617) 442-8800 x 1260
55 Dimock Street
Roxbury, MA
www.dimockorg
Note: 18 & under

North Suffolk Mental Health

www.northsuffolk.org
Note: 18 & under

Riverside Community Care

(617) 354-2275
5 Sacramento Street
Cambridge, MA

Arbour Counseling Services

www.arbourhealth.com
10-I Roessler Road
Woburn, MA
(781) 932-8114

157 Green St.
Jamaica Plain, MA
617-524-1120

100 George P. Hassett Rd.
Medford, MA

Chelsea Clinic
301 Broadway
Chelsea Ma 02150
(617)-889-3300

Freedom Trail Clinic:
25 Staniford St 2nd Floor
Boston MA 02114
617-912-7800

Adolescent Services/Recovery High Schools

Outpatient Treatment Services: Often include a variety of services including daily meetings, 12-step recovery, one-on-one case management, and counseling. Morning and evening hours allow for outpatient clients to keep their work, job-search or family commitments while receiving treatment. Some outpatient programs provide also child-care.

South Step, Inc. Bay Mental Health

(781) 851-2648
22 Pleasant Street
Malden, MA
www.southbaymentalhealth.com

South Shore Mental Health

(617) 847-1950
460 Quincy Avenue
Quincy, MA
www.ssmh.org

Wayside Youth & Family Network

Framingham
(508) 620-0010
Waltham & Watertown
(781) 891-0555
www.waysideyouth.org/

Hospital Based Services: Hospitals that provide adolescent outpatient services.

Arbour/HRI Hospital

(617) 731-3200
227 Babcock Street
Brookline, MA
www.arbourhealth.com

Boston Children's Hospital- ASAP

(617) 355-2727
300 Longwood Avenue
Fegan Building, 10th floor
Boston, MA
www.childrenshospital.org

St. Elizabeth's Hospital

(617) 562-5370
736 Cambridge Street
Brighton, MA
www.steward.org/st-elizabeths

McLean Hospital

(617) 855-2000
115 Mill Street
Belmont, MA
www.mclean.harvard.edu
Note: Ages 13-19

MGH Boston- ARMS

(617) 643-4699
151 Merrimac Street 6th floor
Boston, MA
www.massgeneral.org/allpsych/arms/index.asp
Note: 15-25

Mount Auburn Hospital

(617) 499-5052
330 Mt Auburn Street
Cambridge, MA
Note: 18 & under
www.mountauburnhospital.org

Recovery High Schools: Alternative high schools for young people who struggle to succeed in conventional public high school environments due to a history of substance use disorder. Contact individual high schools for application process.

Independence Academy

(781) 878-6056
460R Belmont Street
Brockton, MA
www.northrivercollaborative.org

Liberty Preparatory Academy

(413) 750-2484
37 Alderman Street
Springfield, MA
www.springfieldpublicschools.com/schools/libertyprep

North Shore Recovery High School

(978) 722-3305
502 Cabot Street
Beverly, MA
www.nsedu.org/schools/northshore-recovery-high-school

Rockdale Recovery High School

(508) 854-4939
20 Rockdale Street
Worcester, MA
www.cmsec.org/pages/cmsec/our_programs/recovery_high_school

William J. Ostiguy High School

(617) 348-6070
19 Temple Place
Boston, MA
www.ostiguyhigh.org
Note: 13-21 year old's

Medication Assisted Treatment

Methadone Clinics: Methadone is a synthetic opiate that is used to treat opiate addiction. It works to fight cravings as well as withdrawals. Many people are very successful on methadone. Methadone is used as a short-term treatment or a maintenance program.

Addiction Treatment Center of New England

(617) 254-1271
77 Warren Street, Building 5
Brighton, MA 02135
* Also Vivitrol Treatment

Comprehensive Treatment Center

(617) 442-1499
99 Topeka Street
Boston, MA,
www.crchealth.com

Lahey Behavioral Health

(978) 777-2121
111 Middleton Road
Danvers, MA
www.nebhealth.org

Suboxone Treatment: Suboxone is a medication to treat opiate addiction. It helps to fight cravings and makes it extremely difficult if not impossible to feel the effects of an opiate. Suboxone has very few withdrawal symptoms when people come off the treatment. This is an opiate replacement medication similar to methadone. Patients administer this medication on their own. Generally, patients who do better on Suboxone have shorter use-histories and stable support systems at home.

Vivitrol Treatment: A prescription injectable medication used to treat alcohol dependence and to prevent relapse of opioid dependence by blocking opiates, such as heroin, from reaching the receptors in the brain, and makes it impossible to get high. This medication metabolizes and wears off at different times depending on the person. Generally, it lasts for 24-30 days.

Boston Medical Center

Statewide Referrals
(617) 414-6926
840 Harrison Avenue
Boston, MA
www.bmc.org

Lahey- Outpatient Treatment

(978) 921-1190
800 Cummings Center,
Suite 266-T
Beverly, MA
www.nebhealth.org

Middlesex Recovery

(781) 305-3300
20 Tower Office Park
Woburn, MA
www.northsuffolk.org

Bay Cove Human Services

(617) 371-3030
66 Canal Street
Boston, MA
www.baycove.org
Note: 21 plus

North Charles Institute

(617) 661-5700
260 Beacon Street
Somerville, MA
www.northcharles.org
Note: 18 plus and 1 year of documented treatment

Cambridge Health Alliance

(617) 591-6051
Suboxone offered at many
CHA's Health Centers
www.challiance.org

North Suffolk Mental Health

(617) 912-7502
301 Broadway Street
Chelsea, MA
www.northsuffolk.org

Codman Square Health Center

(617) 822-8284
637 Washington Street
Boston, MA
www.codman.org

Spectrum Health Systems

184 Broadway, Suites 17 & 18
Saugus, MA
210 Bear Hill Road
Waltham, MA
Intake: (800) 464-9555 ext 1161

Community Substance Abuse

Chelsea: (617) 889-8779
175 Crescent Avenue
Woburn: (781) 838-6757
9 Forbes Road
Boston: (617) 318-6480
23 Bradston Street
Jamaica Plain: (617) 541-3670
170 Morton Street
Peabody: (978) 535-9191
172 Newbury Street
www.hcrcenters.com

Psychiatric Associates of Lynn

(781) 268-2200
173 Oxford Street
Lynn, MA

Mass General Hospital

(617) 724-7792
16 Blossom Street
Boston, MA
(617) 643-8281
55 Fruit Street
Boston, MA
(617) 485 6000
300 Ocean Street
Revere, MA
www.massgeneral.org
Notes: 18 plus, need MGH PCP

Recovery/Support Groups

Recovery/Support Groups

Self Help/ Support Groups: Support groups have daily and weekly scheduled meetings that you and/or your family can attend to get continued support during sobriety. [For a complete list of meeting sites, please call or visit website]

Alanon/Alateen

(413) 782-3406
www.ma-al-anon-alateen.org

Alcoholics Anonymous

(617) 426-9444
www.aaboston.org

Cocaine Anonymous

(617) 539-6090
www.caofma.org
Meetings places vary

Families Anonymous

(800) 736-9805
www.familiesanonymous.org

Healing Abuse Working for Change

(800) 547-1649
www.hawcdv.org

Learn to Cope

(508) 801-3247
www.learn2cope.org
Meeting places vary

Narcotics Anonymous

(866) 624-3578
www.newenglandna.org

Parents Helping Parents

(800) 632-8188
www.parentshelpingparents.org

Smart Recovery

(866) 951-5357
www.smartrecovery.org

Peer Recovery Support Centers: social support services designed to fulfill the needs of people in or seeking recovery. The services are designed and delivered by people who have experienced both substance use disorder and recovery.

Everyday Miracles

(508) 799-6221
25 Pleasant Street
Worcester, MA
www.everydaymiraclesprsc.org

Gavin Foundation

Devine Recovery Center
(857) 496-1384
70 Devine Way
South Boston, MA

A New Way

(617) 302-3287
85 Quincy Avenue
Quincy, MA

The Recovery Connection

(508) 485-0298
31 Main Street
Marlborough, MA
www.therecoveryconnection.org

RECOVER Project

(413) 774-5489
68 Federal Street
Greenfield, MA
www.recoverproject.org

STEPRox

(617) 442-7837
9 Palmer Street
Roxbury, MA

Multi Service Recovery Centers: Are non profits that provide services across multiple categories, such as, substance abuse, education, housing. This organization take a holistic approach to helping individuals.

Addiction Referral Center

(508) 485-4357
33 Main Street
Marlborough, MA
www.theaddictionreferralcenter.com

P.A.A.C.A.

(508) 997-9051
360 Coggeshall Street
New Bedford, MA
www.paaca.org

SPAN, Inc.

(617) 423-0750
105 Chauncy Street
Boston, MA
www.spaninc.org

MA Alliance of Sober Housing (MASH)
Anyone looking for sober housing should consult the MASH website for a list of certified, independently inspected housing that is held to a NARR standards.
www.mashsoberhousing.org

Providing Access to Addictions Treatment, Hope and Support (PAATHS) A one-stop shop for anyone (individuals, families, community partners, other treatment providers) looking for information about, or access to, substance use treatment services.
WALK-IN: 774 Albany Street, Boston *Mon 7:30AM-3:00PM, Tue 7:30AM—3:00PM, Wed 7:30AM-1:00PM, Thur 7:30AM-3:00PM, Fri 7:30AM-3:00PM

Mental Health Services

Dual Diagnoses: Dual diagnosis is the term used when a person has a mood disorder such as depression or bipolar disorder (also known as manic depression) and a problem with alcohol or drugs. A person who has a dual diagnosis has two separate illnesses, and each illness needs its own treatment plan.

Addiction Treatment Center

(617) 254-1271
77 Warren Street
Brighton, MA
www.atcne.net

Advocates Community Counseling

(508) 661-2020
354 Waverly Street
Framingham, MA
www.advocatesinc.org

Bay Cove Human Services

(617) 371-3000
66 Canal Street
Boston, MA
www.baycove.org

Boston Hamilton Recovery Home

(617) 288-1585
25 Mt. Ida Road
Dorchester, MA

Dorchester House

(617) 288-3230
1353 Dorchester Avenue
Dorchester, MA
www.dorchesterhouse.org



Family Service Association

(508) 678-7542
151 Rock Street
Fall River, MA
www.frfsa.org

Granada House

(617) 254-2923
70 Adamson Street
Allston, MA
www.granadahouse.org

Gosnold Inc

(508) 862-9929
1185 Falmouth Road
Centerville, MA
www.gosnold.org

Habit OPCO Boston

(617) 442-1499
99 Topeka Street
Boston, MA
www.habitopco.com

Lahey Health & Behavioral Services

(978) 921-1190
800 Cummings Center 266-T
Beverly, MA
www.nebhealth.org

Veterans Affairs Healthcare Clinic

(617) 248-1000
251 Causeway Street
Boston, MA

Riverside Community Care

(617) 623-3278
5 Sacramento Street
Somerville, MA
www.riversidecc.org
Notes: 18 plus with services offered in Haitian Creole & Spanish

South Bay Community Services

(781) 851-2648
22 Pleasant Street
Malden, MA
www.southbaycommunityservices.com
Notes: Sites throughout the state

Eliot Community Health

(781) 388-6249
173 Chelsea Street
Everett, MA
www.eliotchs.org

North Suffolk Mental Health

(617) 912-7500
14 Porter Street
East Boston, MA
www.northsuffolk.org

(617) 889-4860
301 Broadway Street
Chelsea, MA
www.northsuffolk.org

Hospital Based Services: Hospitals that provide mental health services.

Bournewood Hospital

(617) 469-0300
300 South Street
Chestnut Hill, MA
www.bournewood.com

Cooley Dickinson Healthcare

(413) 582-2000
30 Locust Street
Northampton, MA
www.cooley-dickinson.org

Hallmark Health-Community Counseling

(781) 338-7250
178 Savin Street
Malden, MA
781) 338-7270
101 Main Street
Medford, MA
www.hallmarkhealth.org

Basic Needs

Basic Need: Minimal resources necessary for long-term well-being. Call phone numbers listed for a service in your area.

Dept. of Children & Families Services

(617) 748-2000
600 Washington Street
Boston, MA 02111

Department of Transitional Assistance

(877) 382-2363
Food Stamp Program

Department of Youth Services

(617) 727-7575
27 Wormwood Street
Boston, MA 02210

Disability Determination Office

(617) 727-1600
100 Chauncy Street
Boston, MA 02111

Mass Health Customer Service

(800) 841-2900

W.I.C Program

Call (800) 942-1007 for information about W.I.C. programs near you.

Mass Health Enrollment Centers

600 Washington Street
Boston, MA 02111
300 Ocean Avenue Suite #4
Revere, MA 02151

Office of Children & Family Services

(617) 748-2000
600 Washington Street #4
Boston, MA 02118
(781) 388-7100
22 Pleasant Street
Malden, MA 02148

Office for Refugees & Immigrants

(617) 727-7888
600 Washington Street
Boston, MA 02108

Social Security Local Office

1-800-772-1213
10 Fawcett Street #1
Cambridge, MA 02138
& 191 Commercial Street
Malden, MA 02148

ABCD Action Boston -Fuel Assistance

(781) 321-3432
Mystic Valley Opportunity Center
110 Pleasant Street
Malden, MA 02148

MA Behavioral Health Partnership

(800) 495-0086
Manages mental health and substance abuse services for Mass Health members.

Food Pantries: A food pantry or foodbank is a non-profit, charitable organization that distributes food to those who have difficulty purchasing enough food to avoid hunger.

Bread of Life

(781) 397-0404
54 Eastern Avenue
Malden, MA 02148

East Coast International Church

(781) 818-4153
110 Pleasant Street
Malden, MA 02148

Freedom Hill Community Church

(781) 321-2121
77 Kennedy Drive
Malden, MA 02148

Malden Mobile Food Market

(781) 338-7568
239 Commercial Street
Malden, MA 02148

St. Francis

(781) 396-3400
441 Fellsway West
Medford, MA 02155

Mystic Valley Pantry

(781) 324-1970
213-219 Main Street
Malden, MA 02148

A Servant's Heart

(781) 662-8226
200 Franklin Street
Melrose, MA 02176
Friday 10:00am-11:00am

Unitarian Universalist Church

(781) 396-4549
147 High Street
Medford, MA 02155
Thursday 6:00pm-7:30pm

St. Stephens

(781) 599-4220
74 South Common Street
Lynn, MA 01902
Fridays 3:00-4:00 except first Friday of every month

St. Raphael's Church

781-488-5444
38 Boston Avenue
Medford, MA 02155
Tuesday 10:00am-12:30pm

Medford Elder Pantry

(781) 396-6010
Medford Senior Center
101 Riverside Avenue
Medford, MA 02155
2nd Thursday 2:00pm

Wakefield Interfaith

(781) 245-2510
467 Main St
Wakefield, MA 01880

Shelters

Shelters: An establishment that provides temporary housing to homeless people. Support services may be available for shelter residents.

Action

(978) 283-4125
370 Main Street
Gloucester, MA 01930
www.actioninc.org

Anchor Inn

(617) 328-5380
North Quincy, MA 02171
Note: 18 plus

Betty's Place

(617) 482-1126
40 Berkeley Street
Boston, MA 02116

CASPAR

(617) 661-0600
240 Albany Street
Cambridge, MA 02139
no requirements for being sober

College Avenue Shelter

(617) 623-2546
14 Chapel Street
Somerville, MA 02144

Crossroads Family Shelter

(617) 567-5926
56 Harvre Street
East Boston, MA 02129

Daybreak Shelter

(978) 975-4547
19 Winter Street
Lawrence, MA 01841
Note: 18 or older

Elizabeth Stone House

(617) 427-9801
8 Notre Dame Street
Boston, MA 02119
Battered Women's Emergency
Shelter



Lynn Emergency Shelter

(781) 581-6600
100 Willow Street
Lynn, MA 01901

Pine Street Inn (617) 892-9100

The Men's Inn
444 Harrison Avenue
Boston, MA 02118



The Women's Inn
363 Albany Street
Boston, MA 02118



The Shattuck Shelter
170 Morton Street
Jamaica Plain, MA 02130

For the Pine Street Inn there are no requirements for being sober in the shelter

Rosie's Place

(617) 442-9322
889 Harrison Avenue
Boston, MA 02118



St. Patrick Shelter

(617) 628-3015
270 Washington Street
Somerville, MA 02143

Salvation Army Shelter

(617) 547-3400
402 Massachusetts Avenue
Cambridge, MA 02139

Housing Resources: Provides vital services to create housing, education and economic opportunities.

ABCD Action Boston

(781) 321-3432
Mystic Valley Opportunity Center
110 Pleasant Street
Malden, MA 02148
(Housing, Food Stamps, Fuel, etc.)

BSAS Helpline

(800) 327-5050
95 Berkley Street
Boston, MA 02116

Community Team Work

(978) 459-0551
155 Merrimack Street
Lowell, MA 01852

Homestart, Inc

(617) 542-0338
105 Chauncy Street
Boston, MA 02111

Mass Resources

MassResources.org is a statewide website with practical information about the many types of assistance available to those in need living in Massachusetts.

Mystic Valley Elderly Service

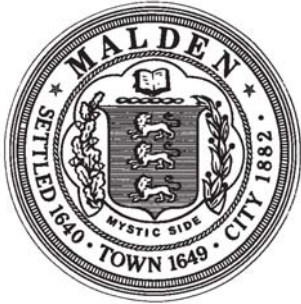
(781) 324-7705
300 Commercial Street
Malden, MA 02148



The Mystic Valley Public Health Coalition is a coalition of municipal health departments of Malden, Medford, Melrose, Stoneham, and Wakefield. This guide was created as a part of this collaboration with the help of the local substance abuse coalitions, health departments and Hallmark Health.

For information, edits, additions please contact MVPHC at (781)-393-2449 or mvroap@gmail.com

For more details about how to reach local coalitions see page 4



H Hallmark Health System



Mission Statement:

To organize recovering individuals, families and friends into collective voice to educate the public about the value of recovery from alcohol and other addictions.

Vision:

MOAR envisions a society where addiction is treated as a significant public health issue and recovery is recognized as valuable to our communities.

Message:

MOAR seeks to continue to build a recovery informed society where recovery becomes a societal “norm” and prevention a societal “given”.

(617) 423-6627 Toll free: (877) 423-6627 www.moar-recovery.org